



# In Unison

The monthly newsletter of Unity in the Olympics

March 2016

## Raising Consciousness in Community

*"I know of no more encouraging fact than the unquestioned ability of a man to elevate his life by conscious endeavor." Henry David Thoreau, US Transcendentalist author (1817 - 1862)*

In his book, Power vs Force, Dr. David Howard presents the idea that consciousness exists on many levels. That in itself is not a new idea. However, Dr. Hawkins describes a process whereby we can determine a value for a particular state of consciousness, based upon its vibratory rate, and assign to it a comparative place in a hierarchy of consciousness levels – from Apathy to Enlightenment.

For example, we would find that "Happiness" is a state of consciousness that ranks higher on the hierarchical scale than "Sadness". And, if I were feeling sad, I could change or raise my consciousness to a higher state – such as "Happiness" – by focusing my thoughts and feelings on happy memories and experiences. Intuitively and experientially we know that this is true. We have experienced times when, as we have added energy to our personal system, a 'shift' has occurred. Each upward shift I accomplish in consciousness moves me toward the Spiritual levels of consciousness and brings me more peace, love and joy.

A shift in my consciousness also affects other people in my life. When I feel happy, those around me relax and feel happier. They, in turn, affect more people with their happiness – more consciousness is raised in the Collective Consciousness of the Planet.

When we come together as Unity, we are continuously open to raising our consciousness. We study new ways of thinking and we feel love and acceptance. We are a part of the Oneness of the Universe and we ARE a radiating center of unconditional Love. Almost every visitor feels the love we are – you can see it in the delight in their eyes.



Unity in the Olympics is a critical part of the transformation of

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# THANK YOU!

*To the Budget Committee:  
Kim Perkins, Duane Morris,  
Teia Stitzel & Alice Alexander*

*Thanks to all those who are  
providing rides to church*

*To Alice Alexander for filling in as  
Board Secretary when Jan Wyman  
was on vacation*

*To all those who bring treats  
for the social hour after  
Sunday Services*

*To Rev. Donna Little for  
creating a church directory  
(coming soon)*

*Our church works because of  
all of you, and we are grateful!*

# MARCH BIRTHDAYS

- 7<sup>th</sup> Pat Coughlin-Mawson
- 16<sup>th</sup> Jodi Hall
- 20<sup>th</sup> Bob Medsker
- 21<sup>st</sup> Robbin Eaves



The more you  
praise and  
celebrate life,  
the more there is  
in life to celebrate.  
  
*Oprah Winfrey*

## MISSION STATEMENT

Unity in the Olympics provides an accepting place in which to experience the Peace, Love, and Oneness of the Christ within so that we may more fully express these gifts in the world.

## UNITY IN THE OLYMPICS

2917 East Myrtle Street  
Port Angeles, WA 98362

Phone: 360-457-3981  
Email: [uito@olyopen.com](mailto:uito@olyopen.com)  
[www.unityintheolympics.org](http://www.unityintheolympics.org)

### BOARD OF TRUSTEES

Teia Stitzel, President  
Duane Morris, Vice President  
Janice Wyman, Secretary  
Alice Alexander, Treasurer  
Steve Schach  
Charles Mawson

Office hours 9 a.m. to 2 p.m. Mondays & Tuesdays



## SUNDAY CELEBRATION

Meditation 10:00 - 10:15 a.m.  
Worship 10:30 a.m.  
Fellowship time following service



### LICENSED UNITY TEACHER

Margaret Denstad

## Our Church Finances

January Income		January Expenses	
Tithes/Offerings	\$ 3892.35	Guest Speakers	\$ 850.00
Rental Income	255.00	Advertising & Promotion	136.95
Book/Lit Sales	15.00	Copy Machine	333.26
Classes & Workshops	5.00	Insurance	184.24
		Excise Tax	21.79
		Tax Service	25.00
		Child Care	44.99
<b>TOTAL INCOME</b>	<b>\$ 4167.35</b>	Payroll	841.82
		Telephone	57.78
<b>Tithes (Dec., paid in Jan.)</b>		Janitorial	75.00
Silent Unity	\$ 100.00	Utilities	260.91
Northwest Region	100.00	Computer & Internet	37.95
Unity World Wide	75.00	Tithe Expense	431.00
MANNA	50.00	Postage & Delivery	49.00
Dream U	48.00	Bank Service Charge	3.35
TAFY	58.00		
<b>TOTAL TITHES</b>	<b>\$ 431.00</b>	<b>TOTAL EXPENSES</b>	<b>\$ 3353.04</b>

For those of you who would like to donate supplies we can always use:

- ♥ Sharpies
- ♥ Ballpoint Pens
- ♥ Copy Paper
- ♥ 3/4" Tape Rolls
- ♥ Hand Sanitizer
- ♥ Calculator Paper Rolls



Thank You!

### The 4th Annual **NEW THOUGHT DAY** Sunday, March 6th



*New Thought Day is for all the Unity, Religious Science and Independent Metaphysical Churches! We honor our founders and the great spiritual teachers who searched for truth and meaning in faith and discovered this ancient wisdom and brought it forth today. We are ONE in, as and of God. We are ONE with and of each other. There is no separation. All is connected, living and non-living. Our hearts, mind and soul create our lives. We are Spiritual Beings having a human experience. We give thanks!*

*Let's take a moment to honor our New Thought neighbors at Sequim Center for Spiritual Living, Unity Spiritual Enrichment Center in Port Townsend, and any other New Thought groups in our area. We hope to organize a get-together for the 5th Annual New Thought Day the first Sunday of March, 2017.*

*To learn more or help plan for next year see: <http://allfaithcenter.org/category/events/new-thought-day/>*

**Behold, how good and pleasant it is when brothers dwell in unity! - Psalm 133**

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all living beings and our planet. We are so glad that YOU are a part of our transforming energy.

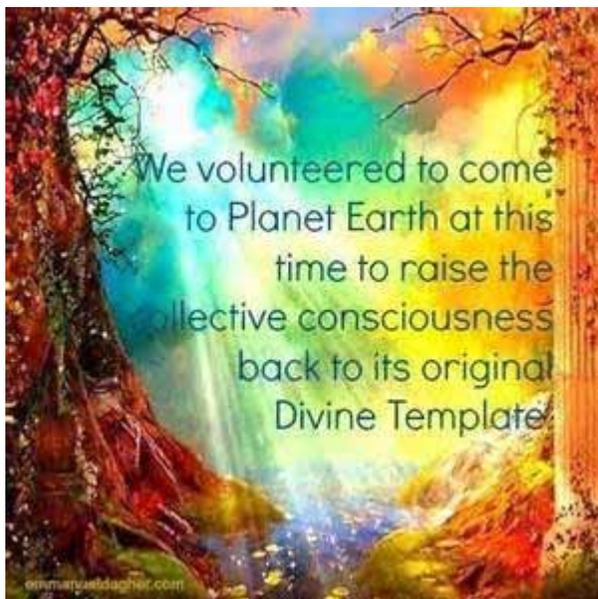
Love, Peace and Joy,

*Rev Donna*

Romans 12:2

New King James Version (NKJV)

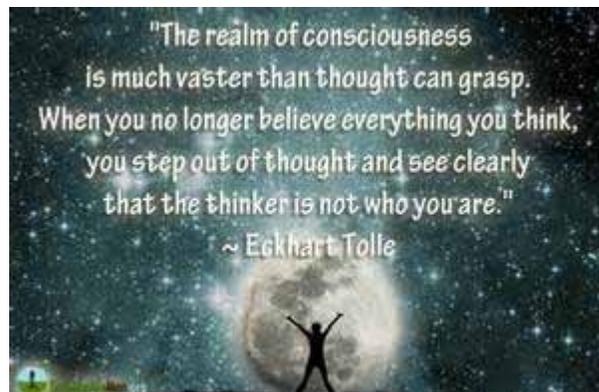
“... be transformed by the renewing of your mind, that you may prove what *is* the good and acceptable and perfect will of God.”



I am now in the presence of pure Being, and immersed in the Holy Spirit of life, love and wisdom.

I acknowledge Thy presence and Thy power, O blessed Spirit; in Thy divine wisdom now erase my mortal limitations and from Thy pure substance of love bring into manifestation my world, according to Thy perfect law.

*Charles Fillmore*



Knowledge  
speaks, but  
wisdom  
listens

*Jimi Hendrix*

## THE TWELVE POWERS MARCH

The power for this month is **Wisdom**:  
The ability to evaluate, discern, apply what you know  
Disciple—James, son of Zebedee  
Area of the body—Pit of Stomach  
Color—Yellow

**Affirmation:** *I am guided by divine wisdom in every thought, word and action.*

In Concert:  
Lisa Lynne & Aryeh Frankfurter  
Celtic Harps, Rare Instruments & Wondrous Stories  
Monday, April 18th—7 PM  
In The Sanctuary



Lisa Lynne & Aryeh Frankfurter are a multi-instrumentalist duo with Celtic Harps, Swedish Nyckelharpa, Ukrainian Bandura, Bouzouki, Cittern and more. They are life long musicians who hail from San Francisco, have performed with some of the biggest names in folk and acoustic music and have sold well over a million albums combined. Audiences are spellbound and enchanted with their unique show of breathtaking music both Traditional and original, with wondrous stories and humor entwined. [www.TwoWorldsOne.com](http://www.TwoWorldsOne.com)

Admission: \$15

Senior & Student: \$12

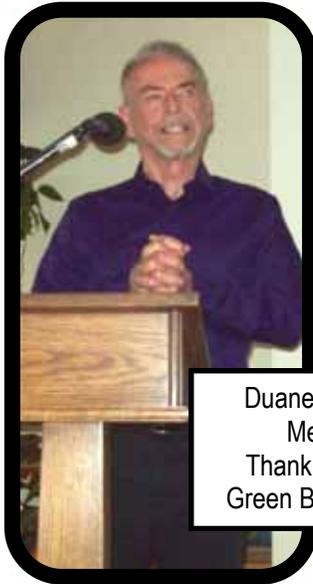
Advance Ticket Sales at: [BrownPaperTickets.com](http://BrownPaperTickets.com)



Tim: Our Superman Valentine Distributor. We think you're Super!



Lisa's home-made sweets fundraiser. We think you're (you guessed it) Sweet!



Duane's heart-felt Message. Thank you for the Green Beans—Truly!

Thanks to Ruth for the beautiful & tasty home-made chocolate cake



The Potluck Yum! 'nuff said!

## NOTES FROM THE BOARD

The Board met on Feb. 21st. Teia Stitzel, Alice Alexander, Charles Mawson, Steve Schach, Teia Stitzel and Jan Wyman present.

**Finances:** The January tithe was \$431 (See distribution in next month's "Church Finances" section). The Board allocated \$100 to the Minister's Search Fund bringing the total to \$4806, and \$700 to the Bathroom/Sewer Fund bringing that fund total \$9517. The Board reviewed and accepted the 2016 budget as presented.

**New Business:** Lisa Schlaffman reported on Board candidates ♥ The date of Sept. 25th was set for celebrating our 50th anniversary. Alice & Jan will sort through photos for a Power Point presentation. Significant people from our past are being invited ♥ Jan, Alice and Teia will draft a letter announcing the annual meeting on April 3rd. The agenda for the meeting was discussed ♥ Teia has arranged a one-month trial of Power Point announcements on our website ♥ The Board will create an account at freeconferencecall.com so that board members may attend meetings by phone when necessary.

**Outreach:** Board members are reviewing our welcome statement to possibly make it more personal to our congregation.

**Maintenance:** Teia will be pricing new wall sconces for the outdated and failing ones in the prayer room, hall and women's bathroom.

**Next Board Meeting:** Sunday, March 20th at 12:30 p.m.



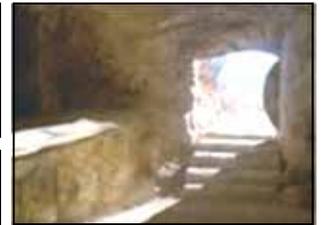
# RESURRECTION

Scripture reveals that there is a power that restores to us “the years that the locust hath eaten.” There is a power of resurrection, a power of restoration, regeneration, and renewal, and it is the power within us that the Master came to reveal. He restored to full and complete dignity the woman taken in adultery; he restored to heaven the thief on the cross. What was that restoration and regeneration but a resurrection? The power of resurrection is in the love that flows through us and from us. Life is love, and there is no life separate and apart from love” *(Joel S. Goldsmith)*

You will recall that when the Prodigal Son came to himself out in the “far country,” he suddenly saw himself in a larger context, and he came home. He was free. He had released his greater potential...This was a very real resurrection. It didn't involve dying and returning from the grave, but it did involve waking up to the awareness of his true being. *(Rev. Eric Butterworth)*

It's a belief, my friends, a false belief. Now, this belief comes in many different shapes, colors, forms and sizes—but it is still the same belief—it is still the same stone. Ernest Holmes referred to it perfectly when he defined resurrection: “The resurrection is the death of the belief that we are separated from God.” *(Rev. Donna J. Caldwell)*

The real message of Easter is in going through tough times, learning from them, then letting the Christ Presence resurrect our lives out of painful circumstances into something better. Here's to your resurrection at this Easter Season! *(Catherine Ponder)*



Go roll the stone of self away and let the Christ within thee arise. *(Ella Wheeler Wilcox)*

## LET'S FEED TAFY (THE ANSWER FOR YOUTH) Saturday, March 19th

It's our turn again to provide a meal for the kids at TAFY. **Please bring a hot dish, salad, dessert or juice (no sodas please) to church by 3:45 p.m.** Alice Alexander will deliver them to TAFY. Disposable bakeware works nicely but TAFY will also wash and return any dish you send. Cash donations made in advance are usually used to purchase fried chicken—a favorite.



One youth when asked why he so enjoyed a hamburger pie casserole said he missed having meat in his diet.

## ANNUAL and SPECIAL MEETING

Noon, Sunday, April 3rd

- Board Elections
- Yearly Overview
- Financial Report
- Budget Presentation
- Construction Presentation
- Financial Approval Vote



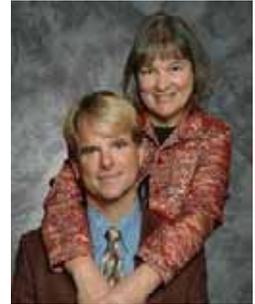
*Small sandwiches or  
Other finger foods  
would be appreciated*

## UNITY IN THE OLYMPICS: 50 Years in the Making

by Alice Alexander

Richard Levy came to Unity in the Olympics in 1981, fresh out of ministerial school. The church had been without a minister for just a few months; but was very excited to have Richard, his wife Maureen and three children arrive in their Volkswagen bus.

Richard and Maureen's youngest daughter, Kristin had a chronic illness, so Richard brought her to work with him while Maureen went about her work as a mid-wife among other things. Richard was a very caring father and full of energy and ambition.



**Richard & Maureen**

It took a little while for people to realize that something wonderful was happening at Unity on Sundays. In the beginning there was sometimes only one other person beside Richard and his family. But the word got out, and soon there were children, teachers and lots of smiling faces.

In December 1981, Richard announced to the board that 85 people had attended on a Sunday morning. So began the need for two services. This is a practice that continued the length of Richard's ministry and through the next minister's term.

Sometime between 1982 and 1983, Barbara Miller became church secretary after Shirley Holman retired because of illness.



**The Old Sanctuary**

In 1983, the board and members began the discussion of a new sanctuary. An architect was hired and the process began. A congregational member donated the material and labor for the new roof. Another member gave 20,000 shares of Sventech stock and other members contributed to the building fund.



**Line-up for church before new sanctuary addition was built**

In June of 1984, a ground breaking ceremony was held and Ked-Ter Construction and lots of volunteers began the work of building the new sanctuary. While the work was commencing, the old sanctuary was kept in full use. One could look through the large windows and see the progress. The wall between new and old wasn't torn down until the new sanctuary was ready for use. In November 1984, the sanctuary was dedicated with the two services combined so all could enjoy the beautiful new addition together.

The Levy's daughter, Kristin passed away in 1985 and the church family mourned along with the Levy's. The Levy's brought joy and spiritual growth to the church. In 1986, Richard took a position at Unity of Seattle.

Richard passed in October 2014 in Hawaii where he spent his last days with his wife and children. He will always be remembered as the minister who took our church to new heights. We will always love and bless him and his family.

*The next chapter will begin with Greg Olson who replaced Richard as our new minister.*