

## **At the Intersection: Where do we go from here?**

*by Tim West*

What do we Do?

In February the State of Washington relaxed the level of health precautions and regulations as Clallam County has now moved to level 2 on the Healthy Washington Roadmap to Recovery map. As more and more people have had one shot of the vaccine, and some have had two, most are asking what to do?

"Is it safe to return to our previous routines? And How do I know what is safe and what is not?"

Your Unity in the Olympics Board of Trustees have been monitoring the situation to facilitate a safe return home. The web-site they have been using to track the recovery is <http://www.clallam.net/coronavirus>.

Soon we will be repopulating the building. Slowly and safely, we will be taking baby steps adding extra precautions to safeguard and protect those that we love, to return to on-premise activities. (Watch for information in our weekly announcements. If you are not on our email list, please contact us!)

With all the new alternatives that have flourished during this transformation period, how do we know in which way to turn, or how to pursue, or what to invest in that will feed us in the future? Do we rely on the history and documentation of our past or look to the infinite potential and possibility of the future? Choices are sometimes complicated. Especially if you dream, and desire BOTH.

For example, our on-line appearance captures more opportunities for connection, yet the physical satisfaction of a hug in our sacred sanctuary leaves one longing for that personal intimate action of coming together physically in community. (Personally, I feel drawn to investing a lot of time, talent, and my personal treasures to support both. As well as, I desire my actions and response to have purpose.)

Do we follow our dreams and live our lives by consensus or by consciousness?  
Somewhere there is balance where all things flourish.

"Revealing the highest and best for all?" In harmony and balance with all life, the heart always knows.



**JOIN US for**

**Community, Consensus, and Consciousness:**

**Unity in the Olympics' Annual Meeting 2021, April 25th @ 12:30 p.m.** (after the service),  
as we grow together in Oneness! and share the vision of our coming home.

# President's Corner

by Duane Morris, Unity in the Olympics' Board of Trustees President



## Less is More

In a time long, long ago...I went to school to study horticulture and design. One of my first design assignments was to design a front yard with just 3 different types of plants. 3 and only three. You may realize how difficult this is when I tell you that most yards have about 10-25 different plants in the front, and the same number in the back. It was a challenge. But it is a principle that I have held close for over 50 years when I design. I do have to admit – you cannot tell this by looking in my basement 😊.

The same principle can be applied to our daily lives.

Albeit it does get easier with our maturity, later in the span of our lifetime.

In our younger years we spend so much of our lives working for things, working to survive, and striving to get ahead. This has put vast pressure on us, and the effects of these stresses is clearly showing. The basic assumption is this – the more you buy and the more you consume the better it is for our economy, ourselves and our society. This way of living is not a sustainable model for our planet nor is it healthy for us as individuals.

I've started taking inventory of things. So far, I've inventoried a good deal of clutter. I am thinking that clearing the clutter from my life's physical and spiritual path helps me make room for **more** time, **more** passion, **more** experiences, **more** growth, **more** contribution, **more** contentment, **more** gratitude. **More** Freedom. The Answer for Youth (TAFY) can help distribute my objects to those who will benefit most.

I know how much better my decisions are when my mind is clear, I am not multi-tasking, and when there are no, or fewer, mental or physical obstacles in the way. Its kind of like – going on holiday. I love holidays.

Meditation, reading, and age have been big assistants in helping me see the bigger picture.

Hallelujah for being older. While I'm not going minimalist, I can see, quite clearly, that my goal moving forward is to appreciate that 'less is more'.



# Finance Report

Presented at the February 21st board meeting, were an adjusted December 2020 Profit and Loss Statement reflecting an adjustment of -\$5.84 to the net profit line. In addition was presented the January 2021 Profit and Loss statement reflecting a net profit of \$490.64. All outstanding bills have been paid.

The January tithe allocation (paid out in February) of \$448 was allocated as follows: \$75 each to Unity NW Region, Unity Worldwide Ministries, the PA Food Bank, and the Sequim Food Bank. Silent Unity and Clallam County Hospice both received \$74 each.

Thank you, as always, for your support of this ministry. Please send your tithes and offerings by mail or visit our website at [www.unityintheolympics.org](http://www.unityintheolympics.org) and click on the yellow "donate" button.

We appreciate each and every contribution!

In love and prosperity,

Kim Perkins

UITO Treasurer



	<u>Jan 21</u>
<b>Ordinary Income/Expense</b>	
<b>Income</b>	
Interest Income	0.53
Rent Income	25.00
Tithes/Offerings	<u>4,457.00</u>
<b>Total Income</b>	<u>4,482.53</u>
<b>Gross Profit</b>	4,482.53
<b>Expense</b>	
Advertising and Promotion	62.00
Bank Service Charges	
Paypal Fees	<u>40.14</u>
<b>Total Bank Service Charges</b>	40.14
Book/Literature Expense	104.65
Computer expenses	306.97
Copy Machine	124.78
Guest Speakers	600.00
Insurance Expense	217.08
Internet and Phone	61.99
Office Supplies	28.00
Payroll Expenses	
Admin Assist Wages	630.01
Administrator Wages	680.00
Payroll Expenses - Other	<u>124.12</u>
<b>Total Payroll Expenses</b>	1,434.13
Postage and Delivery	22.00
Tithes Expense	330.00
Utilities	610.15
Website Direct Exp	<u>50.00</u>
<b>Total Expense</b>	<u>3,991.89</u>
<b>Net Ordinary Income</b>	<u>490.64</u>
<b>Net Income</b>	<u>490.64</u>

*Divine Love, through me,*

*blessees and multiplies*

*All that I am,*

*All that I have,*

*All that I give,*

*And all that I receive...*

*I give in Love.*

# Prayer Chaplain's Corner



by Rev. Donna Little, Unity in the Olympics' Minister Emeritus

## INSPIRATION from the UNITY ARCHIVES

DAILY WORD: Wisdom Monday, November 2, 2020

### *I RELY UPON DIVINE WISDOM.*

When I embark upon something new and challenging, I quiet my mind as I go within and tap into the power of my inherent wisdom. As I reach beyond my intellectual knowledge and my life experience, I focus on my wisdom to discern the best course of action to take.

As new opportunities arise before me, I can use them to lead me to a greater expression of myself. I use my power of wisdom to judge which opportunities will best expand my horizons and help me grow into a fuller expression of myself.

With confidence and patience, I relax into the knowledge that my wisdom will lead me to answers, understanding, and clarity about my path forward.

*For wisdom will come into your heart, and knowledge will be pleasant to your soul. — Proverbs 2:10*



Prayer Support is always available at Unity in the Olympics. Email us at [uito@olympen.com](mailto:uito@olympen.com) or call 360.457.3981

Please indicate in your communication "Prayer List" and include: your name, phone number and request. We will include your prayer on our list.

We recently heard that a past member of Unity has died. **Bob Zimmerer**, and his wife **Edna**, came to us from Colorado when Richard Levy came. They had heard about this new young minister and wanted to be a part of his congregation. The Zimmerers were instrumental in getting the funds for the sanctuary and getting it built. They left the area after a few years but have kept in touch with Marguerite Snell. Bob suffered a heart problem in July of 2020 and went to a hospital in the Portland area. He then went to a care facility and died there in the fall of 2020. He is survived by his wife Edna and two sons, Eric and Robert. We send our blessings to Edna and their boys and thank them for their support of our Unity church.

Submitted by Alice Alexander.

## Thank you!

It is with the deepest gratitude that all of us on the Board of Trustees thank each and every one of you for your continued support of this ministry during these unusual times.

You have made this year a success for Unity in the Olympics, despite the circumstances surrounding Covid-19, by donating your time, money and ideas.

We appreciate you and give thanks to God for our spiritual community and prosperity!

~ Your Unity in the Olympics Board of Trustees

## My Intentions for Valentine's Weekend by Robbin Eaves

I had been preparing my home for the Arctic Front that was on the news for at least ten days. We live in Joyce on six plus acres and we heat with wood. Getting the wood to the house normally is an easy affair, put it in the wheel barrow and wheel it up to the house. But on Saturday, February 13th, God had a different idea.



The snow started falling Friday afternoon and by the time we, my husband and I, woke up on Saturday we had at least a foot of snow. (See picture). I spent the rest of the weekend including Monday creating paths to walk, carrying wood, uncovering cars, while my dogs played in the snow.

I had cookie support from Pat Coughlin Mawson along with a lovely poem she wrote that Tim West had brought to me at the church.

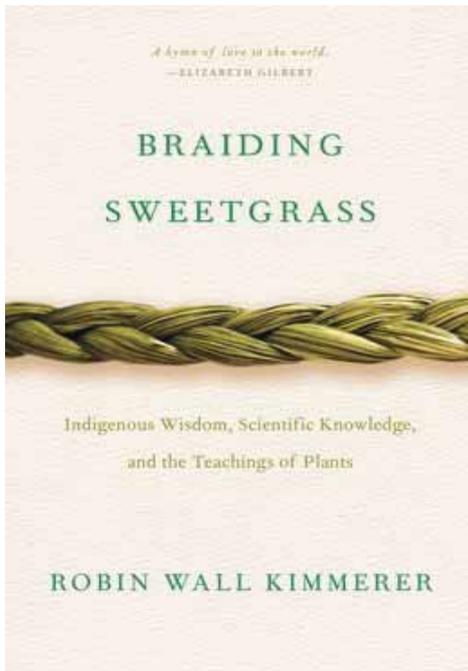
I ate all of the cookies except for one that I gave to my husband. And blessed Pat with every bite I took!

### COOKIE LOVE



*Just a sugar cookie  
To tell you that I care  
With red sugar sprinkles  
Along with a sweet prayer*

*That you know I love you  
As you take each bite  
Filling you with all you need  
To make this new day bright!*



## **Braiding Sweetgrass -** **Chapter 6:** **Learning the Grammar of Animacy** *by Char Coachman*

January 25 began an 8-week book study and discussion, organized by The Interfaith Community of Clallam County along with the Unity Community, of ***Braiding Sweetgrass*** by **Robin Wall Kimmerer**.

Robin is a mother, scientist, decorated Professor, enrolled member of the Citizen Potawatomi Nation, a SUNY College of Environmental Science of Forestry graduate, Distinguished Teaching Professor of Environmental Biology, and the founder and director of the Center for Native Peoples and the Environment.

For me, the idea to contemplate and meditate on is found in Chapter 6, Learning the Grammar of Animacy. Robin writes of “learning the native language of her Grandfather and how it applies a different concept and feeling of all that is.”

The English language uses words to name things, other than human, as “it”. They are objects, not beings. Being part **Cherokee**, I remember when my mother embarked on a quest to learn the Cherokee language. It was an awakening in me as part of my heritage. So, what if we came to understand that *all things have a language that we can learn.*

For me, it is the language of the animals and plants. It is making eye connection with a nervous and needy dog who would, up to that point, look anywhere but directly at you. It makes my heart swell with love. It is laying hands on a tree in the forest and taking time to listen to the sounds it makes. With food, water, and love, it is bringing a plant, almost dead, back to life. To pick up a rock from the shore, then return it, and know that it is on a journey, even though I can’t hear it. It is a living being that comes from the energy and love of God. God is energy, and all things are of God.

Before Robin began to learn her native language and talk to the plants and places she loved, she spoke to **Bill Tall Bull**, a **Cheyenne Elder**, about her frustration. His response was this.

*“They love to hear the old language,” he said, “it’s true.” “But,” he said, with fingers on his lips, “if you speak it here,” he said, patting his chest, “They will hear you.”*



# Sweetgrass (*Hierochloa odorata*)

by Erik Simpson

Unity in the Olympics is facilitating two of the Interfaith Winter Book Read Classes on ZOOM™, using Robin Wall Kimmerer's book, "Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and Teaching of Plants".

Sweetgrass or Vanilla grass is an aromatic herb native to North America and Eurasia. It is a very hardy perennial, and is grown from Alaska to Labrador, south to Mexico, in South Dakota, New England, around the Great Lakes and in Washington and Oregon. It grows on moist slopes, in meadows, and along streams from the foot hills to sub-alpine elevations.

**Uses:** This plant is used by indigenous Americans as a mosquito repellent, in weaving baskets and, as herbal medicine. However, it is mainly used **in prayer, smudging, and purifying ceremonies** and is regarded as a sacred plant by Native Americans. It is also sacred to early Europeans and is still used in churches on festival days.

**Propagation:** Sweetgrass is extremely easy to grow and likes well-drained soil, and full to part sun. The plant is propagated by cutting plugs from established plantings.

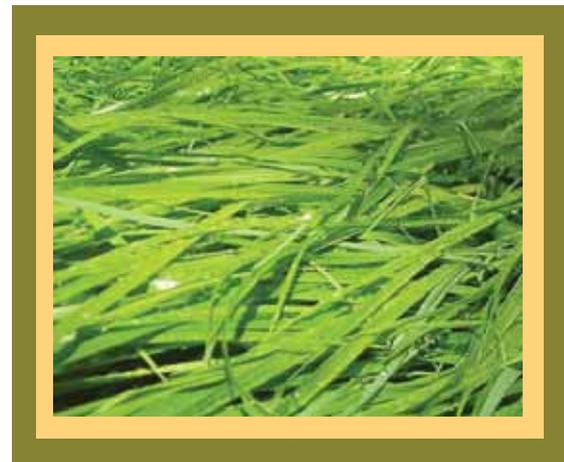
Seeds are rare and usually not viable due to soil conditions. If they do sprout, it takes 3 - 4 years to develop a robust root system. Erik Simpson has attempted to grow Sweetgrass from 13 seeds. He planted them in acidic soil after soaking them for 5 days. These seeds do not appear to be taking hold.

The plant spreads by underground rhizomes, and you can harvest once to twice a year.

**Description:** The stems grow to about 10" in height and the leaves grow to about 39" in length. Sweetgrass makes a lovely container plant.

This plant was recently added to the International Union for Conservation of Nature Endangered Plant list.

Even if plants are available, we recommend caution in growing them, as they are not safe to be eaten since they contain blood thinning chemicals which could be problematic for pets, animals, and humans. These plants are also considered invasive.



Indigenous people treat Sweetgrass as a gift, and not as a commodity to be sold for an even exchange. Giving or receiving a gift creates a feeling bond between people that encourages the ongoing relationship of the people.

## *What is happening at TAFY\*/ Sprouting Hope Greenhouse?*

*by Duane Morris*



TAFY had a merry Christmas holiday:

- ♥ decorated the greenhouse and had Santa arrive Wed-Fri to be photographed with kids and candy canes
- ♥ served take out to over 220 Christmas dinner supporters with chicken cordon bleu, TAFY grown green beans and homemade desserts
- ♥ provided over 85 local youths a Christmas party with special food and meaningful gifts for each

With snow cleared away its time to plant fruit and shade trees: Apple, cherry, peach, pear, plum, and 4 way cherries and apples along with flowering cherries and crabapples, birch, maples and golden corkscrew willows – who would have thought? Time to buy, plant and grow your own!

Unity in the Olympics is a proud sponsor of TAFY\**The Answer for Youth*

## *Hope for the Future*

*2.11.21 Alice Alexander*

God has covered our city with a blanket of white. The little buds that have been peeking out of the ground are covered. The crows and gulls are searching the white ground for the food the neighbors have scattered for them. Everything is so quiet. It is still early in the morning. For a time, our world appears clean and pristine.

Later on, the sound of children's laughter will fill the air as they play in the snow.

As we look out the window at the white, we **dream** of March and spring. March brings new beginnings and a fresh start. The past year has been a difficult one with the Covid virus invading our world. Hopefully we will see changes in our future. People will become social again as we will return to a "new normal". At some point our church will open its doors to its congregation. We will still take precautions as we now have a "new normal."

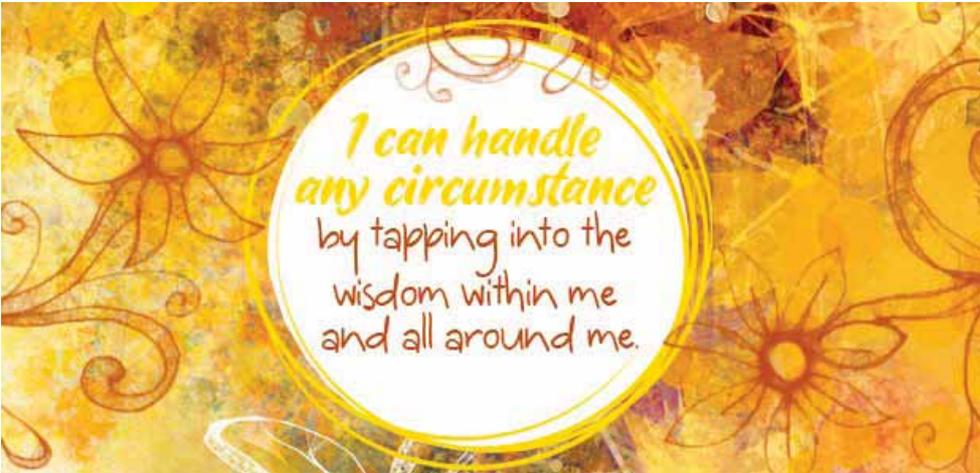
As time passes, we will get accustomed to the way we need to live our lives and the past will be just a fleeting memory. The new children that are coming into our world will not know how it was but only how it is now. The one constant in all of this is God our creator. He lives and breathes within us. We are able to cope with the changes in our lives because of the "Sweet Spirit" that we are a part of. All the lessons we have learned this past year will strengthen us and make us stronger.

Thank you, "Sweet Spirit", for guiding us and continuing to be a part of us.

# Finding Wisdom

By Rev. Bronte Colbert

*Rev. Bronte Colbert is minister at Unity Athens, Georgia, and attended the Barbara King School of Ministry in Atlanta. She is completing her master's in children's literature from Hollins University in Roanoke, Virginia. Her first published story appeared in the Unity magazine Wee Wisdom® many years ago.*



*I can handle  
any circumstance  
by tapping into the  
wisdom within me  
and all around me.*

## The power of wisdom is always available to you, even when you feel disconnected or lost

A while back, I allowed an interaction with another person to upset me. Their comments felt harsh, criticism of me unnecessary, and opinions biased. The incident seemed caught in replay mode in my mind. I couldn't shake it off. I felt distracted and caught up by negative emotion.

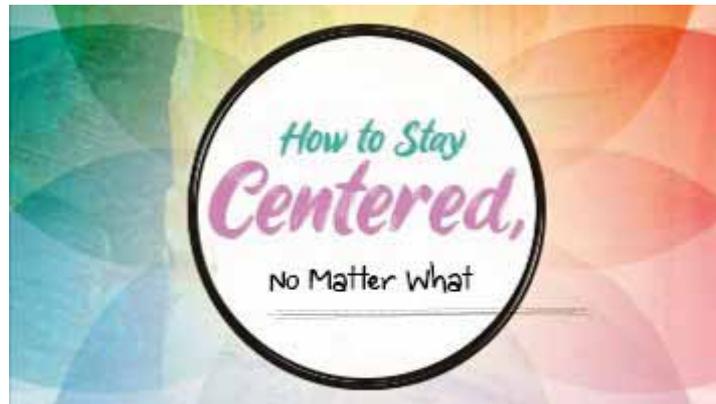
I prayed and asked for guidance to move forward. But if it came, I couldn't hear it as my mind busily chewed on replays and defensiveness.

*Where was my usual calm nature? My centeredness? Why was my brain replaying something I did not like nor want? What if the Law of Attraction brought me more of the same!*

*Eek!*

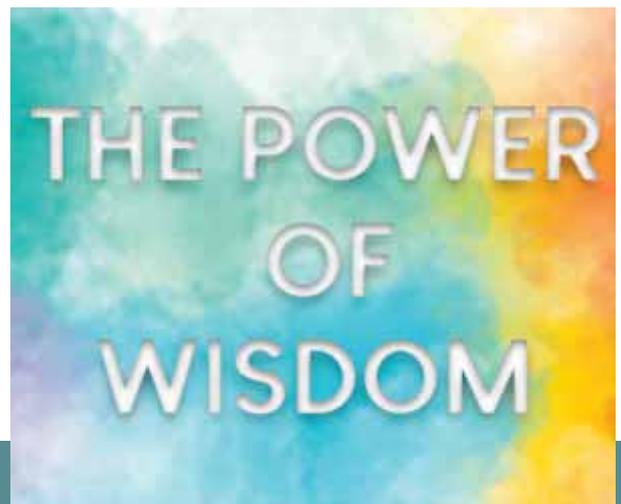
**Where was wisdom in all this?** I wanted its serenity, clarity, and certainty. I needed to call on that spiritual faculty to access discernment, right judgment, and intuitive knowledge. I wanted to stand in my power and leave anything unwanted behind.

## Follow along . . .



Request your copy today:

[unity.org/publications/booklets/how-stay-centered](https://unity.org/publications/booklets/how-stay-centered)



Explore More

<https://www.unity.org/resources/articles/finding-wisdom>



## Vision Statement

*"We are Spirit Expressing as Lives Transforming for Good!"*

### Sunday Celebration Schedule

March 7th  
**Roy Holman**  
*"In Pursuit of Truth"*

March 14th  
**Terry Barrett**  
*"40 DAYS"*

March 21st  
**Rev. Jane Hiatt**  
*"Timeless Wisdom"*

March 28th  
**Terry Barrett**  
*"Coming Out of the Dark"*

### BOARD OF TRUSTEES

Duane Morris, **President**  
 Charles Mawson, **Vice President**  
 Kim Perkins, **Treasurer**  
 Jerry Austin, **Trustee**  
 Charlotte Coachman, **Trustee**

### ADMINISTRATION

Timothy West, **Administrator**  
 Robbin Eaves, **Administrative Assistant**

### LICENSED & ORDAINED UNITY MINISTER EMERITUS

Rev. Donna Little

### LICENSED UNITY TEACHER

Margaret Denstad



### **BUILDING CLOSED**

Meditation 10:00 a.m. Worship 10:30 a.m.  
**All Services moved to "On-Line" format.**



#### PLEASE NOTE:

Our hours office hours are **Tuesday and Wednesday 10:00a.m. to 2:00 p.m.** by phone only.  
**The building will remain closed to the public until further notice** except for essential personnel.  
 You may reach **Unity in the Olympics** at **360-457-3981** or [uito@olympen.com](mailto:uito@olympen.com) or **Tim** at **940-442-8381**.

Please visit our **Facebook** page at <https://www.facebook.com/unityofportangeles/> or watch us on  
 YouTube at <https://www.youtube.com/channel/UCNP-ZvkDFjrUI83uTMZsOzw> .

Check your email for special announcements and additional information.

Tithe support is greatly appreciated! Please mail your tithe to **Unity in the Olympics, 2917 E. Myrtle St. Port Angeles, WA 98362** or visit us online at [www.unityintheolympics.org](http://www.unityintheolympics.org) and click on

**"Donate"**

### MISSION STATEMENT

**WE WELCOME ALL**

**To the Spirit Awakening within**

**Through the Wisdom of Love, Peace and Joy.**

### UNITY IN THE OLYMPICS

2917 East Myrtle Street  
 Port Angeles, WA 98362  
 Phone: 360-457-3981  
[www.UnityintheOlympics.org](http://www.UnityintheOlympics.org)  
 E-mail: [UitO@olympen.com](mailto:UitO@olympen.com)