



# In Unison

The monthly newsletter of Unity in the Olympics

April 2016

*Reverend Patty Edwards has served Unity Ministries for over thirty years in various capacities and is currently minister for Unity Church of the Hill Country in Kerrville, Texas. Reverend Patty is the wife of Unity Minister Eddy Edwards, mother of five grown children, sixteen grandchildren, and six great-grandchildren.*



## Spring Cleaning – A Spiritual Practice

Isn't it wonderful that we, along with all other forms of life on this planet, have been given the power of elimination? Without elimination, we would have no way to rid our bodies of toxic wastes and poisons, which accumulate daily as a result of normal living. Without this God-given power, we would die in our own waste, and with it, we are able to renew and strengthen our bodies each day, with new fresh nutrients.

The power of elimination applies not only to our physical bodies, but it's necessary to eliminate and release anything in our lives that is not sustaining and nurturing us. Many of us grew up learning that Spring is a time to get into those flower beds and garden plots and weed out the dead stuff, cultivate the soil and prune bushes that died during the cold winter months. The result is beautiful healthy, vibrant plants.

Spring is a time when many of our parents, also began to clean out their closets, garages, cupboards and drawers of unwanted stuff that had accumulated during the year. Others of us, missed out on that excellent training and have had a constant battle with the stuff that grows everywhere in our lives, just as a result of normal living.

In the 1990's, Feng Shui became a household word in the Spiritual community. For some it was a target for skepticism and for others a tool for creating a new energy and spark in living spaces and ultimately in a spiritual life. Feng Shui is simply the art of balancing and harmonizing the flow of natural energies in our surroundings to create beneficial effects in our lives. Understood by the ancients, living in harmony and balance with both the physical and unseen world of invisible energies is vital to our spiritual connection to our Higher Power, to God.

*The Bible speaks of cleanliness that allows for a deeper relationship with God and our True selves. We read in Psalms 51:10 these words: "Create in me a clean heart, O God, and put a new and right spirit within me." Great rewards unfold for everyone when we clean up and clean out our living and working spaces. Ancient and modern teachers know the secret to keeping the flow of good health and abundance moving. It's not magic, it's a vital spiritual practice.*

Cleaning out our living spaces is part of the work of forgiveness. One of the surprising things I have noticed about my own cluttered places at home and at work is that when I start rooting around in them, sweet and bittersweet memories rise up and smack me in the face. Some are of old forgotten hurts, losses, mistakes I've made and fears I've felt, and yet others are sweet memories of young babies in my arms, or a first love, or of simpler times. Is it any wonder that it becomes difficult for some of us to get into our years of clutter and not to judge ourselves or those

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**To Rev. Donna  
and Attendees at the Unity Ba-  
sics Class  
Great Material  
Great Discussion  
Time Flew!**

**To Duane and his crew for  
gardening.**

**To Akasha for doing the  
flowers for Sunday service.**

**To Marguerite and Jerry for  
Easter lilies.**

**To Clara for daffodils.**

**To all those who bring treats.**

## APRIL BIRTHDAYS

**5<sup>th</sup> Steve Schach**  
**8<sup>th</sup> John Wingfield**  
**9<sup>th</sup> Lisa Schlaffman**  
**10<sup>th</sup> Megan Gruver**  
**28<sup>th</sup> Eleanor Duvall**

**What if the Hokey-Pokey  
Is what it's all about!**

*April Fools!*



### MISSION STATEMENT

Unity in the Olympics provides an accepting place in which to experience the Peace, Love, and Oneness of the Christ within so that we may more fully express these gifts in the world.

## UNITY IN THE OLYMPICS

2917 East Myrtle Street  
Port Angeles, WA 98362

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Email: [uito@olyopen.com](mailto:uito@olyopen.com)  
[www.unityintheolympics.org](http://www.unityintheolympics.org)

Office hours 9 a.m. to 2 p.m. Mondays & Tuesdays



### SUNDAY CELEBRATION

Meditation 10:00 - 10:15 a.m.  
Worship 10:30 a.m.  
Fellowship time following service

### BOARD OF TRUSTEES

Teia Stitzel, President  
Duane Morris, Vice President  
Janice Wyman, Secretary  
Alice Alexander, Treasurer  
Steve Schach  
Charles Mawson



### LICENSED UNITY TEACHER

Margaret Denstad

## Our Church Finances

February Income		February Expenses	
Tithes/Offerings	\$ 3526.25	Guest Speakers	\$ 600.00
Rental Income	120.00	Advertising & Promotion	63.46
Book/Lit Sales	6.00	Copy Machine	182.55
Classes & Workshops	0	Insurance	184.24
Special Events	27.00	Maintenance/Lawn Care	45.00
		Office Supplies	37.71
		Worship Supplies	30.00
<b>TOTAL INCOME</b>	<b>\$ 3679.25</b>	Payroll	1020.77
		Telephone	57.76
<b>Tithes (Jan., paid in Feb.)</b>		Janitorial	65.63
Silent Unity	\$ 100.00	Utilities	261.36
Northwest Region	100.00	Computer & Internet	37.95
Unity World Wide	100.00	Tithe Expense	417.00
MANNA	50.00	Equipment Supplies	127.99
Dream U	32.00	Music	150.00
TAFY	35.00	Childcare	90.00
<b>TOTAL TITHES</b>	<b>\$ 417.00</b>	<b>TOTAL EXPENSES</b>	<b>\$ 3371.42</b>

For those of you who would like to donate supplies we can always use:

- ♥ Sharpies
- ♥ Ballpoint Pens
- ♥ Copy Paper
- ♥ 3/4 " Tape Rolls
- ♥ Hand sanitizer
- ♥ Calculator Paper Rolls



Thank You!



# Potluck

Sunday, April 17th  
 Following the Service  
 Bring Your Favorite Dish,  
 Your Smile,  
 And Your Appetite!

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areas of un-forgiveness, grief and great love and release them for new and greater good now.

Some of the most effective ways to clear out years of accumulation is to select the same time of day, a couple of days a week and spend just forty-five minutes clearing out small portions of clutter at a time, then ten minutes putting your space back in order, so you can let it go again for a while. Give yourself some time afterwards to digest the inner changes of energy you are experiencing, take a shower to cleanse the energy after you have mucked around in that old stuff and get out into nature to replenish your soul.

Our spiritual work of cleansing is a sacred work and not to be taken lightly, nor pushed upon us by those who would guilt us into feeling such shame that we clear out one demon in our life and ten more move in to replace it. Is it any wonder that our homes become just as cluttered as before we cleaned up, when we do it out of shame and guilt. It is a sacred work of releasing, and honoring ourselves when we touch what has been with us for a long time.

Unity minister, Catherine Ponders tells us in her book "Open Your Mind to Prosperity" that the first step to prosperity is cleansing or purification. We must get rid of what we don't want in order to make room for what we do want. Energy, God substance doesn't flow easily into a cluttered, crowded, angry or painful emotional state of mind.

I used to live by the upper Elwha River in Clallam County. It was about a mile from our home and we would walk down to the river to swim or spend time building a raft to navigate around a slough. That slough was formed at one time when the river was running especially high after a snowmelt off the mountains. It continued to flow for a number of years, but gradually, the broken trees, mud, leaves and debris, gathered at both ends and clogged up the entrance and exit of the water. Instead of a healthy, vibrant flowing waterway, it became stagnant and putrid and nothing grew in it anymore. It began to dry up. We miss that slough when we visit it now, but it teaches us a vibrant lesson in staying deeply connected to the living water of life, we must...we must keep the channels open and clean.

Spring Cleaning is a holy and sacred practice that brings rewards beyond anything you can imagine. Look around you and see how many blessings begin to blossom in your life. You will never look at your stuff in the same way again.



As the heart  
equalizes the life  
flow in the body, so  
love harmonizes  
the thoughts of the  
mind.

--Charles Fillmore

## THE TWELVE POWERS APRIL

The power for this month is **LOVE:**  
The ability to attract, unify and desire

Disciple—John

Area of the body—Back of Heart

Color—Pink

**Affirmation:** *I am a radiating center of love.*

In Concert:  
Lisa Lynne & Aryeh Frankfurter  
Celtic Harps, Rare Instruments & Wondrous Stories  
Monday, April 18th—7 PM  
In The Sanctuary



Lisa Lynne & Aryeh Frankfurter are a multi-instrumentalist duo with Celtic Harps, Swedish Nyckelharpa, Ukrainian Bandura, Bouzouki, Cittern and more.

They are life long musicians who hail from San Francisco, have performed with some of the biggest names in folk and acoustic music and have sold well over a million albums combined. Audiences are spellbound and enchanted with their unique show of breathtaking music both Traditional and original, with wondrous stories and humor entwined. [www.TwoWorldsOne.com](http://www.TwoWorldsOne.com)

Gen. Admission: \$15

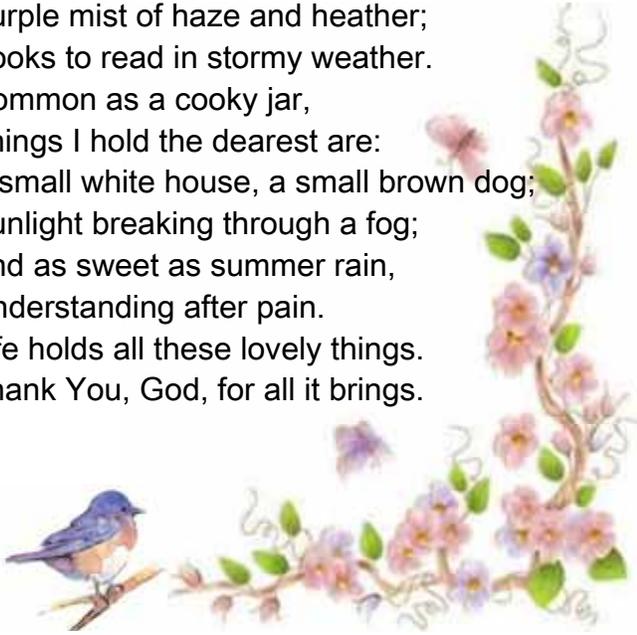
Senior & Student: \$12

**Advanced Tickets at [BrownPaperTickets.com](http://BrownPaperTickets.com) Event #2508332**

## Thank You, God

Nina Stiles

Life can hold such lovely things!  
 Apple-blossom-scented springs;  
 Purple mist of haze and heather;  
 Books to read in stormy weather.  
 Common as a cookie jar,  
 Things I hold the dearest are:  
 A small white house, a small brown dog;  
 Sunlight breaking through a fog;  
 And as sweet as summer rain,  
 Understanding after pain.  
 Life holds all these lovely things.  
 Thank You, God, for all it brings.



## Lowell Fillmores Daily Meditations

- SUNDAY:** I joyfully let God's good will clear my mind of all untrue, negative thoughts.
- MONDAY:** I make way for the Mind of God to guide my thoughts into ways of goodness and harmony.
- TUESDAY:** Let the words of my mouth and the meditations of my heart be acceptable to God's loving Being.
- WEDNESDAY:** I gladly forgive my enemies and look for the Christ in those who offend me.
- THURSDAY:** I join my heavenly Father in thinking good thoughts.
- FRIDAY:** The light of the Christ Mind in me reveals the truth to me in all my affairs.
- SATURDAY:** I abide lovingly with God in His kingdom on earth.

**From *Weekly Unity*, May 29th, 1966**

*God's love inspires me in all my ways. I know what to do and I do it.*



## Notes from the Board



The Board met on March 20th. Teia Stitzel, Alice Alexander, Duane Morris, and Charles Mawson present.

**Finances:** The Feb. tithe was \$368 (See distribution in next month's "Church Finances" section). The Board allocated \$100 to the Minister's Search Fund bringing the total to \$4806. One hundred dollars was also allocated to the Bathroom/Sewer Fund, and along with a gift of \$250.00, that fund totals \$9867. There was one outstanding bill.

**New Business:** There was discussion about the Sequim Gazette and the Faith Directory and putting our ad in next year. Teia gave list of bids for the bathroom/sewer remodel. The board was in favor of a General Contractor rather than individuals. There was a discussion about hiring a secretary and Teia will meet with applicants Monday. Dwayne wants to organize a Garden Party. There will be a potluck April 17th. Discussion of distributing posters for the April 18th concert of Lisa Lynne & Aryeh Frankfurter.

**Next Board Meeting:** Sunday, April 17th, at 12:30 p.m.



I had the greatest joy in accomplishing one of my visions when I dropped by Unity Village in Lee's Summit, MO on my travels. The beautiful Italian style architecture was magnificent to behold. My delight grew as I walked among the buildings and saw how elegantly everything is layed out to stroll through and find a bench to sit and meditate on the surroundings. I found a few surprises walking the Prayer Garden path at the base of the Awaken Tower. Each of the twelve powers are depicted in a sculpture with a companion tile. The circular walkway is filled with inscribed tiles. Beyond the activity building I was delighted to find a labyrinth to walk. Sunday morning I attended the service in the elegant activity center chape with its lovely wall banners, great music and loving Unity members. I can only say that I am so blessed to have stood on this hallowed ground that so many have helped to build. It truly is a labor of love.



## UNITY IN THE OLYMPICS: 50 Years in the Making

by Alice Alexander

R. Gregory Olson came to Unity in the Olympics right from Unity Ministerial School in July, 1986. His wife Lynn came with him. Not long after they settled in Port Angeles they adopted a Korean baby. The church had a pounding party to welcome them into our church community.

Greg kept the two Sunday services for the first year he was here, until low attendance made a cut back to one service necessary. The multi-purpose room had been started and was completed while Greg was here. The ground breaking was in May of 1986 and it was dedicated September 18, 1987.

A formal ordination service was held for Greg in the first year he was here with Reverend Robert Wasner from Portland conducting the service. He was assisted by various Northwest ministers, including Reverend Levy from Seattle, who had been our previous minister.



During Greg's time here several things worth noting took place. A church picnic was held at Jerry Austin's during summer of 1986. The theme was Hawaiian and many bare legs were seen around the pool. He conducted a morning outdoor service at the Heart of the Hills campground in August of 1987.

The church purchased the parking lot with the help of Lou Lawrence. Jerry Austin was instrumental in getting it ready for use and placing logs, gravel, etc.

In May 1988, Greg left to start a new church in Carmel, Indiana. Guest speakers kept the church going until our next minister, Sandy Weisner joined us in 1988.

Also in 1988, Patricia Edwards, sister of Alice Alexander, was ordained as a Unity minister in Orlando, Florida. She had served as a licensed teacher and administrative assistant to her husband, Eddy Edwards in their church in Peoria, Illinois. Not long after the ordination, Patricia had her own church in Bloomington, Illinois. Patty and Eddy have come as guest speakers several times in the past years.

### **Meditations Guided by Jeshua's Words**

**The 2nd & 4th Fridays beginning April 8th.**

What would Jesus say? Jeshua has given many heart-expanding guided meditations through Judith Coates since 1993. The focus of this ongoing meditation experience will be to deepen (or start) your meditation practice as you breathe and relax into his beautiful healing words. (No prior meditation experience necessary).

In this sacred space of Oneness you can reconnect with Spirit energy and experience Jeshua's blessing. As we join together we will create an even more powerful energy of Peace and Love.

**We await you in our circle of LIGHT!**

**Love offering accepted.**

