



In Unison

The monthly newsletter of Unity in the Olympics

April 2017

Spring Cleaning

By Rev. Kathleen McKern Verigin

Years ago in a metaphysics class, we were studying the scientific principle that "nature abhors a vacuum." It is also a spiritual principle. If we want something new in our life, we must make space. When we create the open space, we must be vigilant about what we fill it with. Because it will get filled, either by more of the same, or something gloriously new.

In the spring, our class assignment was to clean out a closet, a junk drawer, a messy glove compartment, or whatever area in our life where there was serious clutter. This sounded silly to me, but I was willing to do it.

The assignment arrived at a time when I desperately wanted to be released from my long-time job producing a live morning television talk show, while longing to write and produce documentaries. I had taken a summer off to write and produce a documentary on child sexual abuse. It was one of the most rewarding experiences of my life, including an Emmy Award nomination. Bitten by the documentary bug, I begged and pleaded with my bosses to allow me to work on documentaries full time. I created a proposal that demonstrated why this would benefit the television station, and not just me personally. Still, my bosses said no. I was growing despondent. Doing the cleaning out ritual couldn't hurt.

I chose the closet of my guest bedroom. It was small, and had a built-in chest of drawers. It was my expanded version of one junk drawer. All drawers were stuffed to the gills with stuff. Random clothes were hanging on the rack, while a waist high pile of junky items cluttered the floor. It took a good half day to complete this project. I took a load of stuff to Goodwill, and put much of the other stuff in my garage for a future garage sale.



Once the closet was emptied, I then cleaned it--sweeping, dusting, and wiping it down. In its empty and clean state, the closet looked huge. My voice echoed in the emptiness. Throughout the rest of the weekend I would step into the cleansed closet from time to time, wanting to feel the good vibes. As Sunday evening approached, I remembered that I would likely face again a rejection regarding my desire to be a full-time documentary producer. In utter despair, I stepped into the closet and closed the door. There I stood, alone, in the dark, in a totally empty closet. I said aloud, **"Okay, Universe. I've done my part. Now you do yours. Provide!"**



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To Teia for scheduling speakers, working with contractors & repairmen, beautifying the church and the many other gifts of her time and love.

To Tim for the hours and creative energy he puts into our projected bulletins and meditations.

To Kim for sharing her time on correspondence, questionnaires, feature stories, and bookkeeping.

To Duane for creating our projected announcements, gardening, handy-work and much more.

*We know you enjoy the talents you share and we are grateful that you share them with us.
Blessings!*

APRIL BIRTHDAYS

- 5th Steve Schach
 7th Sandra Blanchard
 8th John Wingfield
 9th Lisa Schlaffman
 10th Megan Gruver
 14th Jennilee Fukumoto

"No matter where life takes you...the place where you stand at any moment is holy ground."

Susan Vreeland



MISSION STATEMENT

Unity in the Olympics provides an accepting place in which to experience the Peace, Love, and Oneness of the Christ within so that we may more fully express these gifts in the world.

UNITY IN THE OLYMPICS

2917 East Myrtle Street
 Port Angeles, WA 98362

Phone: 360-457-3981
 Email: uito@olyopen.com
www.unityintheolympics.org

New Office Hours: Mon. & Wed., 10 a.m. to 3 p.m.



SUNDAY CELEBRATION

Meditation 10:00 - 10:15 a.m.
 Worship 10:30 a.m.
 Fellowship time following service

BOARD OF TRUSTEES

Teia Stitzel, President
 Duane Morris, Vice President
 Janice Wyman, Secretary
 Alice Alexander, Treasurer
 Charles Mawson, Trustee
 Kim Perkins, Trustee
 Erik Simpson, Trustee



LICENSED UNITY TEACHER

Margaret Denstad

Our Church Finances

February Income		February Expenses	
Tithes/Offerings	\$ 3644.00	Advertising & Promotion	\$ 143.04
Rental Income	225.00	Bank Service Charge	5.55
Book/Lit Sales	5.00	Book/Literature	11.45
Classes & Workshops	41.00	Computer & Internet	37.95
Misc. Income	0.00	Copy Machine	171.71
Fundraising	8.39	Food for Potluck	42.29
		Guest Speakers & Music	700.00
TOTAL INCOME	\$ 3923.39	Insurance Expense	187.26
		Janitorial & Lawn Care	130.00
Tithes (Jan. paid in Feb.)		Payroll	818.05
Silent Unity	\$ 100.00	Postage & Delivery	0.00
Northwest Region	100.00	Kitchen/Bldg. Supplies	0.00
Unity Worldwide Min.	50.00	Telephone	51.55
MANNA	50.00	Tithe Expense	408.00
TAFY	50.00	Utilities	320.82
Hospice	29.00	Worship Supplies	120.00
First Step	29.00		
TOTAL TITHES	\$ 408.00	TOTAL EXPENSES	3147.67



Save the Date:

ANNUAL MEMBERSHIP MEETING

Sunday, April 2nd
After Church & Snacks

- ♥ Presentation of Budget
- ♥ Election of Two Trustees
- ♥ Opportunity for Input & Questions
- ♥ Update on Sewer/Bathroom Remodel
- ♥ Share Ideas for Minister Search



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I went to bed that night and slept very well. At the very least, I had cleansed my negative thinking. Early Monday morning, arriving at work at 6:30 am, the first person I saw in the Channel 2 hallways was another early morning producer. He knew of my desire to leave the morning talk show grind for wider pastures in the world of documentaries. His eyes brightened when he saw me. He walked fast towards me and said, "Have you heard? Channel 8 has an opening for a documentary writer/producer?"

Ah, the Universe had provided, I inwardly chuckled. Not only did I eventually get the job at Channel 8, I also enjoyed the satisfaction of a clean closet. Note that this guest room would eventually be a bedroom for my young step-kids, with the closet drawers filled with their clothes and toys. An even bigger dream had manifested!

What is your spring cleaning project???



Rev. Kathleen has been a guest speaker at UITO. She is the founder of Anam Cara Connections, (Portland, Oregon) a spiritual community and not a religious body which cultivates connections between soul friends (Irish: anam caras) seeking a deeper experience of the Self, the Other, and Community. Kathleen also arranges and guides tours to spiritual sites in Ireland. - <http://anamcaraconnections.com>

Some Practical and Spiritual Clutter-Busting Advice:

Some of the most effective ways to clear out years of accumulation is to select the same time of day, a couple of days a week and spend just forty-five minutes clearing out small portions of clutter at a time, then ten minutes putting your space back in order, so you can let it go again for a while. Give yourself some time afterwards to digest the inner changes of energy you are experiencing, take a shower to cleanse the energy after you have mucked around in that old stuff and get out into nature to replenish you soul.

Rev. Patty Edwards
Unity Church of the Hill Country
Kerrville, TX



**I release and let go
all that does not
serve my
Greater Good.**

*Love yourself
and trust that
you are enough,
without all
the stuff.*

—Crystal Jenkins

14Questions.today

unity
Spirituality
24/7 Prayer Support

The Interfaith Community of Clallam County Invites You to: Listening Circles



When: Tuesday, April 11, 2017 at 6pm

Where: Holy Trinity Lutheran Church, 301 East Lopez, Port Angeles

What: Listening Circles are a type of dialogue that fosters curiosity, compassionate understanding and deeper respect for the experiences of each person present.

Who: Members of churches and faith groups, including those not affiliated with a church; followers of spiritual practices, including those who are “spiritual but not religious.” Invite friends. All are welcome.

Why: At their best, religions and spiritual traditions inspire billions of people in wise and wonderful ways. Interfaith dialogue, at its best, is people deeply rooted in their own tradition creating a bridge across differences to respectfully share with one another.

How: A multi-faith team will facilitate the evening. Participants share their personal understanding and experience on a group topic.

Topic: What is your relationship to some of the minorities in our community? How do your spiritual values help you with those relationships?

For more information, contact Marilyn Eash at marilynnoe@msn.com or (360)477-0681.

THE TWELVE POWERS APRIL

The power for this month is **LOVE**
The ability to attract,
unify and desire.
Disciple—John
Area of the body—Back of the heart
Color—Pink
Affirmation—
I am a radiating center of love.



A prayer without desire in it,
a prayer without sincerity in it,
a prayer without soul in it,
a prayer without Spirit in it is
fruitless prayer.

—Charles Fillmore

 unity.org



To attract the things we
love we must transmit
love, and those things
will appear immediately

Rhonda Byrne

PICTUREQUOTES.COM



Join us for our annual
Easter Flower Service
 Sunday, April 16th
 Message by one of our favorite
 guest speakers:
Kim Perkins
 "The Promise of Easter"
 Followed by a
Potluck
 Bring your favorite
 Easter Fare

Happy Easter!



NOTES FROM THE BOARD OF TRUSTEES:

The Board met on March 19th. Alice Alexander, Charles Mawson, Duane Morris, Kim Perkins (by phone), Erik Simpson, Teia Stitzel, and Jan Wyman were present.



Finances: The Feb. tithe was \$392 (see distribution in next months "Church Finances"). From income, \$100 each was allocated to the Minister's Search Fund (bal. \$6008), the Building Fund (bal. \$5332) and the Contingency Fund (bal. \$200). The Board voted to put the remaining income into the Operating Fund to cover repairs to a roof leak over the front entry. * The 2017-2018 budget proposal was approved.

Administration: The church rental agreement contract was reworked to allow more flexible payment options for members. * The Board received the Nominating Committee report from Tim West. Flora Todt has offered to run for the Board. * The Annual Membership Meeting agenda was discussed and the letter to members edited.

Next Board Meeting: April 16th at 12:30.

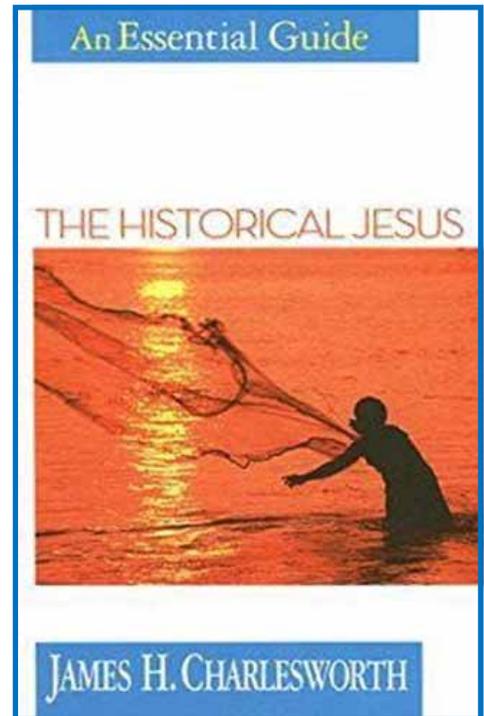
Note: On March 23, the Board approved by phone and email to accept a bid of \$1500 from Earth Tech for repairs to the front entry roof.

Unity Class: Jesus' Teachings in the Bible

Did all the sayings of Jesus originate with him? Biblical scholars generally agree that not everything attributed to Jesus originated with him. What are the actual teachings of Jesus as distinguished from what has been taught about Jesus?

In this Unity Class, students will explore the Gospels, as well as ancient literary sources outside biblical canon, to discover both the concepts that have been reported that Jesus taught and the methods he used to teach his disciples. Students will learn to build a strong spiritual foundation based on what we believe Jesus actually taught rather than what others taught about him and his work.

This class is available for Unity Credit.



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Required Texts:

The Historical Jesus: An Essential Guide
by James Charlesworth

The Bible (NSRV)

The Revealing Word
by Charles Fillmore
(available in class)

Class Dates, Times & Location:

Wednesdays 6:30—8:30
April 19—May 17

Unity in the Olympics
2719 E. Myrtle Street
Port Angeles, WA
(360) 457-3981

Instructor:
Rev. Donna Little
(214) 549-4944

Reading Assignments

From the text and handouts:

4/19 - Introduction & Chapter 1
No Quest, the Old Quest,
the New Quest, and
Jesus Research (Third Quest)

4/26 - Chapter 3
Sources, Especially
Josephus
Chapter 4
The Judaism of Jesus

5/3 - Chapter 8
Jesus' Proclamation of God's Rule
(the Kingdom of God) and
his Parables

5/10 - Chapter 9
Jesus' Crucifixion and
Resurrection

5/17 - Handouts
Once & Future Christ of Faith

Contest Results:

The **Seahawks Bank** created by **Lisa Schlaffman** finally filled to its capacity, so for two Sundays people were asked to guess the total. **Elaine Starz-Brown** came closest to the \$106.45 total with her guess of \$128. Unfortunately, the lid to the bank was broken, so Elaine received an alternate prize of a tea gift basket. Thank you Lisa for your creative fund-raising idea.



Lowell Fillmore's Daily Meditations

SUNDAY: Christ is lifting me up to a joyous newness of life.

MONDAY: I am rising up above the mistakes of the past into the truth and perfection of God's perfect presence.

TUESDAY: I am a new, living temple with the help of Christ.

WEDNESDAY: My faith in my Father, God, helps me to find the good that He has prepared for me.

THURSDAY: The light of Christ reveals to me the goodness and bounty of God's supply.

FRIDAY: The light of Christ reveals to my inner eye the beauty of God's presence.

SATURDAY: All things work together for good when I love God more than my troubles.

*From Weekly Unity,
Easter, April 10th, 1966*



CRYSTAL BOWL WORKSHOP

Fridays 11 am—12 noon

SHIPLEY CENTER

9210 Hammond St.

Sequim, WA

Presenters: Charles Mawson
& Pat Coughlin Mawson

Sponsored by: Creative Changes

Meditations Guided by Jeshua's Words

as channeled by Judith Coates
Eva McGinnis, facilitator
The 2nd & 4th Fridays
from 7:30—8:30 p.m.

The focus of the ongoing meditation experience will be to deepen (or start) your meditation practice as you breathe and relax into Jeshua's beautiful healing words. "In this sacred space of Oneness you can reconnect with Spirit energy and experience Jeshua's blessing. As we join together we will create an even more powerful energy of Peace and Love." Judith Coates. (Love offering accepted)



Sponsored by Oakbridge University