

# MAY

# *In Unison*

The monthly newsletter of Unity in the Olympics

May 2016

*Reading about and studying spiritual truths without ever applying them is like reading recipes in cookbooks but never baking a cake. Here's a story from Weekly Unity, September 1966 about principles applied. Thank you Poppie L. Jones for sharing your spiritual dessert.*

## ***Behold the Christ***

A big woman with a pulled-down mouth came stamping into our store the other day.

"Show me your handkerchiefs," she said, and her voice was as sharp and scratchy as two sticks rubbed together.

I got out the boxes and spread the handkerchiefs on the counter. She plucked at them irritably. Nothing satisfied her.

"Haven't you anything better?" she said.

"I think I have one Irish linen with a heavy lace edge left," I told her. "Just a moment, I'll find it for you."

But she said she didn't have all day to wait. She grabbed up her purse and headed for the door.

At one time I would have felt cross and irritated myself. I would have let her go without her handkerchief, but now I remembered the resolution I had made to behold the Christ in all my customers, regardless of appearances.

"*I behold the Christ in you,*" I said firmly to myself just as anger began to rise in my throat. I smiled and picked up the lace handkerchief and went after her.

Reluctantly, she stopped long enough to look at it. She said she supposed it would have to do, but she wanted it in a gift folder. I didn't have one.

"*I see the Christ in you,*" I said silently, as she began to storm over the lack of a gift folder.

I offered to wrap the handkerchief in tissue paper. She watched while I got out the foamy pink tissue. I secured the package with a bit of pink baby ribbon tied in a bow.

"Why," she said, "that looks very nice. You've gone to a lot of trouble." As she thanked me, the cloud on her face was lightened by a sudden ray of sunshine.

She forgot she was in a hurry and stopped long enough to tell me how she had forgotten the gift until the very last minute. Then she had hurried from store to store, unable to get what she wanted. She thanked me again, saying I had saved her day. We parted, laughing, and she went out of the door with a smile on her face.

I realized that if I had forgotten to behold the Christ in her, as many times in the past I have forgotten to see the Christ in a difficult or irritable customer, she would have gone out more angry





*To Rev. Donna for the  
Unity Meditation Class—OM!*

*To Erik, Kim and Alice  
For volunteering to serve  
On the Board of Trustees*

*To Steve Schach for his service  
on the Board—well done!*

*To Allie for singing at the  
April 24th service.*

*To Charlotte for arranging a  
wonderful & successful concert —  
58 attendees & \$200*

*To Lisa Lynn and  
Aryeh Frankfurter for their beautiful  
music and their encouragement to  
invite more 1st class musicians to  
our venue*

*Your generosity  
touches us all!*

## MAY BIRTHDAYS

10<sup>th</sup> Zoe Bayton

16<sup>th</sup> Carl Alexander

19<sup>th</sup> Debbie Fredson

22<sup>th</sup> Akasha Atherton

27<sup>th</sup> Kim Soares

Remember that your  
natural state is joy  
*Wayne Dyer*  
Have a Joyous  
Birthday!



### MISSION STATEMENT

Unity in the Olympics provides an accepting place in which to experience the Peace, Love, and Oneness of the Christ within so that we may more fully express these gifts in the world.

## UNITY IN THE OLYMPICS

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[www.unityintheolympics.org](http://www.unityintheolympics.org)

**New Office Hours:** Mon. & Wed., 10 a.m. to 3 p.m.



### SUNDAY CELEBRATION

Meditation 10:00 - 10:15 a.m.  
Worship 10:30 a.m.  
Fellowship time following service

### BOARD OF TRUSTEES

Teia Stitzel, President  
Duane Morris, Vice President  
Janice Wyman, Secretary  
Alice Alexander, Treasurer  
Charles Mawson, Trustee  
Kim Perkins, Trustee  
Erik Simpson, Trustee



### LICENSED UNITY TEACHER

Margaret Denstad

## Our Church Finances

March Income		March Expenses	
Tithes/Offerings	\$ 3492.00	Guest Speakers	\$ 550.00
Rental Income	270.00	Advertising & Promotion	93.48
Book/Lit Sales	6.00	Copy Machine	171.71
Classes & Workshops	142.00	Insurance	184.24
Fundraising	20.00	Property Tax	3.26
		Office Supplies	22.92
		Worship Supplies	94.14
<b>TOTAL INCOME</b>	<b>\$ 3930.00</b>	Payroll	610.24
		Telephone	57.74
<b>Tithes (Feb., paid in Mar.)</b>		Janitorial	93.75
Silent Unity	\$ 100.00	Utilities	261.36
Northwest Region	50.00	Computer & Internet	37.95
Unity World Wide	50.00	Tithe Expense	368.00
MANNA	50.00	Discretionary Gift	120.00
Dream U	35.00	Postage & Delivery	49.00
TAFY	35.00	Childcare	80.00
First Step	48.00		
<b>TOTAL TITHES</b>	<b>\$ 368.00</b>	<b>TOTAL EXPENSES</b>	<b>\$ 2797.79</b>

For those of you who like to donate supplies we can always use:

- ♥ Copy Paper
- ♥ Cough Drops
- ♥ Paper Towels
- ♥ Toilet Tissue



**Sunday, May 15th**  
**Following the Service**  
**Bon Appetite!**

**SOME WAYS YOU CAN SUPPORT UNITY:**

Go to [smile.amazon.com](http://smile.amazon.com)...Choose **Unity in the Olympics** as your charity...Start shopping. Amazon donates 0.5% of your purchase to our church. 

Go to [www.iGive.com/UITO](http://www.iGive.com/UITO), join for free, then start shopping at over 1700 online stores. These vendor donate for every purchase made through iGive. 

We collect **aluminum cans** to support our scholarship fund. Cans can be deposited in the hamper in the back hall by the offices.



**Community Room \$1 Book Sale:** Novels, true life stories, classic children's, psychology, health, spirituality, Unity classics, some beautiful coffee table books and more....all

*Continued from Page 1*

than when she came in. My day would have been spoiled, and she would have gone on to other stores, perhaps leaving a trail of unhappy, disgruntled people behind her. As is was, the next person she met would feel better for having met her, as I knew she now felt better for having met me.

Since I have made this resolution to behold the Christ in my customers, regardless of appearances or circumstances, I have discovered that often they are cross or depressed because of some illness or trouble in their lives. Now, instead of going out feeling worse than when they entered, they often stop to tell me what is troubling them. Their faces brighten, they smile and feel better, as I silently affirm the loving presence of God in their lives.

One woman told me she had once been wealthy, but had lost all her money in bad investments. For her I affirmed God as her abundant supply. Another was lonely, and as I listened I knew that in the Christ Mind there is no lack; God is the everywhere-present, loving companion. Another had arthritis, and I saw God as the radiant health of her body, knowing that every cell was overflowing with the light and life of God.

As I persist in this new attitude, our customers are blessed and lifted up out of their difficulties, my own days are easier and happier, and our business is prospered because people like to come to our store.

You can behold the Christ in any situation. I have begun to apply this idea of beholding the Christ to other areas of our business. In our buying and merchandising, in our dealings with salesmen and wholesale firms, I behold the Christ. Everything goes more smoothly; all people concerned are happier. As I persistently behold the Christ in all situations and all people, good fills our lives and spills over into the lives of all who come in contact with us.

If there is some difficult situation confronting you, if there is friction between you and someone in your life, whether at home or at work, try beholding the Christ. If you persist in this thought you will surely get results. Your work will be easier, new opportunities will open before you, and you will find the world filled with wonderful people, eager to serve you and bless you as you serve and bless them.



## THE TWELVE POWERS MAY

The power for this month is **POWER**:

The ability to master,  
have dominion and control

Disciple—Philip

Area of the body—Root of tongue

Color—Purple

*Affirmation: I have the power to create my world.*

*The practice of meditation, in various forms, has been employed in most cultures, spiritual paths and geographic areas around the world and down through the ages. There is even evidence of it in cave paintings made by prehistoric peoples. Our Wednesday evening "Meditation Practices" class lead by Rev. Donna Little has been trying out various techniques, learning about scientific evidence of the effects of meditation on brain function, and refining our individual techniques and routines. Here are a few thoughts from various cultures and sources on "being in the silence".*

The purpose of the Silence is to still the activity of the individual thought so that the still small voice of God may be heard. For in the Silence, Spirit speaks Truth to us and just that Truth of which we stand in need.

Charles and Cora (Myrtle) Fillmore  
*Teach Us to Pray*

There is a way between voice and presence where information flows.

In disciplined silence it opens.  
With wandering talk it closes.

Rumi

It is within thy power, whenever thou shalt choose, to retire into thyself. For nowhere either with more quiet or more freedom from trouble does a man retire than into his own soul.

Marcus Aurelius Antoninus

In the rush and noise of life, as you have intervals, step home within yourselves, and be still. Wait upon God to feel His good presence; this will carry you evenly through your day's business.

William Penn



The intellect is always busy, jumping from one thing to another, much of the time dwelling on the daily routine of the workaday world or on conditions in the world at large. The first step in scientific Silence is simply to still these outer intellectual thoughts so that the consciousness may become subservient to the Spirit within.

Charles and Cora (Myrtle) Fillmore  
*Teach Us to Pray*

Come ye apart and rest awhile  
Leave the world behind;  
Enter, and take refuge in  
The chamber of your mind.

In the silence, meditate  
On the Truth you know:  
God without and God within,  
Around, above, below.

Trim the altar lamp of faith;  
Though its light be dim,  
He is mindful of His own.  
Only turn to Him!

Quiet heart, receptive mind,  
And the Christ for guest—  
He will heal and strengthen you,  
He will give you rest.

R. H. Grenville

A period of quiet and rest each day is your opportunity to establish yourself at the center of your being, the one place where the supply of life and substance is inexhaustible.

Myrtle Fillmore  
*Healing Letters*

## My Mother's Creed

Bonnie Day

The depths of metaphysical law  
 She little grasped or understood;  
 Yet with clear eyes of faith she saw  
 One shining truth, that God is good.  
 She could not quote one single line  
 Of affirmation, tenet, creed;  
 But how she trusted love divine  
 To meet her every human need!

Hers was a plain theology  
 That love could swiftly comprehend;  
 Her whole religion was to be  
 To all who needed her a friend.  
 The laws of science and of art  
 She made no claim to understand;  
 But love was law within her heart  
 And kindness law unto her hand.

A wisdom never learned from books  
 But tutored by an inward grace  
 Was written in her very looks  
 And shown reflected in her face.  
 In thought profound and creed sublime  
 She builded better than she knew  
 A doctrine that shall outlast time;  
 To trust, to love, to be and do.

## Lowell Fillmore's Daily Meditations

**SUNDAY:** God's love is my salvation

**MONDAY:** I harmonize my disturbing feelings by thinking loving, forgiving thoughts.

**TUESDAY:** All things in my life and affairs work together for good when I love God with all my heart.

**WEDNESDAY:** I will open my mind to let God's love be expressed through me to heal, bless, and prosper me.

**THURSDAY:** As I give love to my neighbors I receive love from them according to the law: As you give you receive.

**FRIDAY:** I love God so truly that I can feel His love in my life and affairs at all times.

**SATURDAY:** God's love, active in me, saves me from being distressed by the changing in-harmonies of the world.

**From *Weekly Unity*, May 15th, 1966**



## NOTES FROM THE BOARD OF TRUSTEES MEETING:

The Board met on April 17th. Alice Alexander, Duane Morris, Kim Perkins, Erik Simpson, Teia Stitzel and Jan Wyman present.

**Finances:** The Mar. tithe was \$393 (See distribution in next month's "Church Finances" section). The Board allocated \$100 to the Minister's Search Fund bringing the total to \$5006. One hundred dollars was also allocated to the Bathroom/Sewer Fund bringing that fund totals to \$10,372.

**New Business:** The current Board Officers volunteered to keep their same positions for the coming year. All approved. □ To help deter illegal parking in our lot, it was decided to put up two "No Overnight Parking" signs. Jan will research and get pricing. □ In preparation for the septic system upgrade, we need to remove the current derelict shed and erect a new one. Teia is pricing sheds and kits and will also get at least one bid to build from scratch. □ Teia is looking for a third bid by a general contractor for the sewer/remodel project.

**Outreach:** It was decided not to have a booth at the county fair this year. □ Upgrades to the website were discussed. □ Alice has sent four Memory Garden bricks off to be engraved.

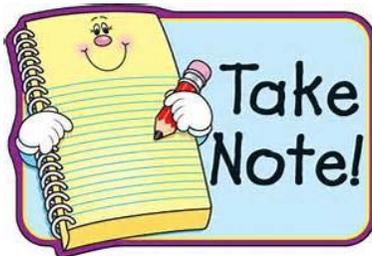
**Fundraising:** Teia would like to sell our many donated books for \$1 each as a fund raiser.

**Maintenance:** Teia will ask Robbin (our new Exec. Assistant) to arrange to have the fire extinguishers tested.

**Next Board Meeting:** Sunday, May 15th, at 12:30 p.m.

## Highlights from the Annual Membership Meeting, April 3rd:

- Nineteen active members attended the annual meeting. □ Teia thanked retiring Trustee, Steve Schach for serving on the Board of Trustees. □ Alice Alexander presented the “profit and loss” statement for the year. We had a net gain of \$5958, most of which went into designated savings funds. Alice also presented the budget for the coming year with a projected net gain of \$7740.
- In her Board President’s address, Teia expressed the goals of stability, harmony, staying within budget, maintaining the property and facilitating growth. She noted our improvements in communication through our website, Facebook page, projected announcements and the new church directory created by Rev. Donna Little. We hope to continue to improve communication and education by using media such as Skype to access class offerings and guest speakers remotely. We also want to begin recording Sunday services. Teia expressed appreciation for the many volunteers who often wear “many hats” and hoped we can support them so they will not experience “burn-out”. The Board is aware that congregants have differing wish lists, some wanting a full-time minister and others enjoying a variety of speakers. We continue to build our Minister’s Search Fund and hope to find a balanced approach that works for all.
- Three candidates were accepted to fill three vacancies on the Board. **Erik Simpson** retired from the Municipality of Anchorage (Alaska) where he traveled to rural communities to assist in setting up accounting and financial systems. He is a hobby orchardist and started the Olympic Orchard Society. He and his wife Del have been attending Unity since November. **Kim Perkins** is an author and national speaker who recently sold her award-winning book and gift store in Florida and relocated to the Pacific Northwest. She has enjoyed successful careers in retail, telecommunications and nursing. Both her parents were Unity ministers. **Alice Alexander** is a long-time Unity member. She is retired from keeping the books for Herman Brothers’ Logging and has written several books on Clallam County history.
- We have saved over \$10k toward the ADA bathroom remodel and sewer hookup and have been offered a \$15k personal loan. We have two general contractor bids for \$20k and \$31k. After discussion, members nearly unanimously voted to proceed with the entire project utilizing the loan and a general contractor.



As “Meditation Practices” ends, the group is looking at a new class to begin the first week in June (watch announcements). Here are options being considered:

Metaphysics I: This course explores some of Unity’s fundamental Principles as well as the highest form of mind action, prayer. Required Text: *Heart-Centered Metaphysics* by P. Hasselbeck.

Prosperity: This advanced course examines the prosperity teachings of Charles Fillmore and Eric Butterworth, as well as contemporary teachings. Students will explore the broader meaning of prosperity beyond “material things” to discover their own beliefs about money, abundance and lack. Required Text: *The Soul of Money* by Lynne Twist and *Spiritual Economics* by Eric Butterworth.

The Creative Process in the Bible: This advanced course focuses on an allegorical understanding of the seven days of creation as related in the Bible and the seven steps of the Creative Process. Required Text: Bible (NRSV) and *Mysteries of Genesis*, *Metaphysical Bible Dictionary*, and *The Revealing Word* all by Charles Fillmore.

Healing and Wholeness I: Students will be working with Myrtle and Charles Fillmore’s interpretation of healing and wholeness, as well as historical and contemporary master teachers. Required Text: *How to Let God Help You* and *Healing Letters* by Myrtle Fillmore, *Christian Healing* by Charles Fillmore.

## UNITY IN THE OLYMPICS: 50 Years in the Making

by Alice Alexander and Jan Wyman

In September, 1988, Sandy Weisner came from Unity School of Christianity to become our new minister. Sandy originally came from California and was used to big city life, but she seemed to settle into our rural community nicely.

The church grew and in February, 1989, it went back to having two services on Sunday. Average attendance was around 75 with high of 90 and low of 40. There was an active Sunday School with teachers and attendance from 7 to 20 children per Sunday.

Sandy had a wonderful sense of humor. During a Mastermind visioning group she set the intention of doubling her income. When she met and married Burleigh Jones, they had quite a laugh at how Divine Mind had fulfilled her wish. Burleigh studied to become a licensed teacher and often helped with the spiritual side of the church's operation.

Sandy was the first Unity minister to submit articles to the Peninsula Daily News in their "Issues of Faith" series. She felt it was important to have a visible presence in the community.

During her time with us, Sandy lost a sister to lymphoma and a brother to AIDS. During that period of paranoia around AIDS, she and Burleigh became hospice volunteers and advocates for AIDS education.

During her tenure, we had a Commitment Series of sermons each fall to re-commit ourselves to our spiritual home and principles, followed by a beautiful Appreciation Dinner. Sandra also successfully facilitated Board retreats at venues away from the church and home for an undistracted time to review church business.



After an illness, Sandy decided to seek employment elsewhere, so in November of 1997, she left Unity in the Olympics. She became a successful minister in the Midwest and currently does spiritual counseling and is a regular guest speaker at Unity of Columbus. Burleigh made his transition in 2013.

Thank you Sandy for the love, laughter and life you brought to our church.

After Sandy left, the operation of the church fell to the Board and Board President, Bev Ludwig. Bev was very active in the community and found a wonderful variety of guest speakers that kept our church filled and prosperous. A retired school teacher, Bev was also very involved in making our Children's Church a fun and educational place for our kids.



### **Meditations Guided by Jeshua's Words** as channeled by Judith Coates

**The 2nd & 4th Fridays from 7:30—8:30 p.m.**

The focus of the ongoing meditation experience will be to deepen (or start) your meditation practice as you breathe and relax into Jeshua's beautiful healing words. "In this sacred space of Oneness you can reconnect with Spirit energy and experience Jeshua's blessing. As we join together we will create an even more powerful energy of Peace and Love," Judith Coates. (Love offering accepted)

**Sponsored by Oakbridge University**

