



# *In Unison*

**June 2018**

The monthly newsletter of Unity in the Olympics

## **A Message from Reverend Cheryl Rohret**

### **To Unity in the Olympics**



You have been busy at Unity in the Olympics! You are doing great work in looking at who you are as a spiritual community – where you have been and who you want to become. Step by step, you are opening in new ways to your divine purpose in the world.

I am thrilled to join you for a time on your journey! My purpose in coming is NOT to fix anything or show you exactly what you need to do to grow. What I bring is an open heart, some ideas that have worked (and a few to avoid) in other spiritual communities, and a deep conviction that the answers lie within each of you and all of you together.

As I meet with your leaders on Saturday, June 30<sup>th</sup>, we will be looking at what attitudes and actions are most helpful in building community. It will be both an inner journey of discovery as well as one of strengthening bonds with one another. How To's? Yes, there will be a few of those, too – all ideas for your leadership and community to consider.

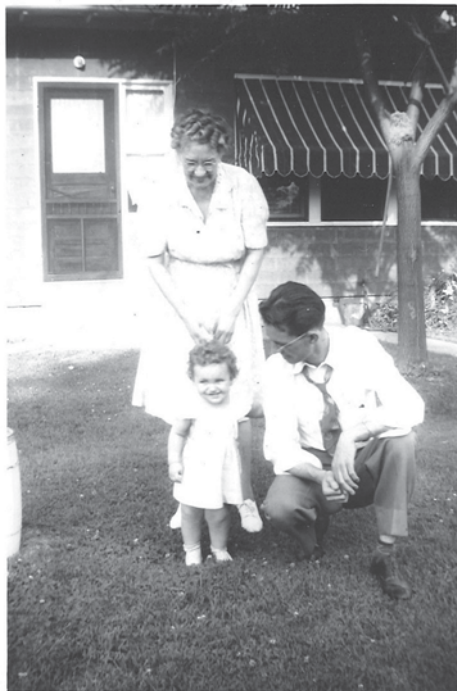
I realize this may all sound a bit vague, maybe even “fluffy.” It's just that I don't want to give away too much beforehand! I invite you, leaders, to come with open minds and hearts. Then on Sunday, we will celebrate as a whole community what all of you and Spirit are creating together as Unity in the Olympics.

I can hardly wait! See you on **June 30** and **July 1!**

**In gratitude and love,**

**Rev. Cheryl Rohret**

**Rev. Cheryl Rohret** retired on April 30 as the minister of Unity Spiritual Life Center in Yakima, WA. She came to Unity in 2005, saying “yes” to serving Unity of Yakima just one week after marking the 25th anniversary of her ordination as a Presbyterian minister. She was ordained as a Unity minister through the Field Licensing Program of Unity Worldwide Ministries in April of 2010. Cheryl has fully embraced her Unity connection, now serving as the Regional Representative for our Northwest Region, as well as offering leadership trainings as a Ministry Wellness Consultant for Unity Worldwide Ministries. She loves encouraging and inspiring others through storytelling and facilitating spiritual growth in Unity ministries of all sizes. In addition to ministry, she enjoys reading, traveling, eating out, walking, and spending time with friends doing all of the above.



## A GIFT FROM MY DAD

In the recent years, my brother and I have had talks about our parents. The one thing that we always agree upon is that we grew up in different families, together. Or, perhaps another way to say it is, we grew up in the same family, differently.

When Keith and I spoke of the important things we learned from Dad, he said he always knew that Dad loved our Mom. He took care of her; he bought her nice things that she wanted; he spoiled her. Keith said the hard part of that was how could he live up to that role model of how to love in his own relationship?

My experience was from a different perspective. I saw the same role model and wondered, how do I find a partner who will love me the way my Dad loved my Mom?

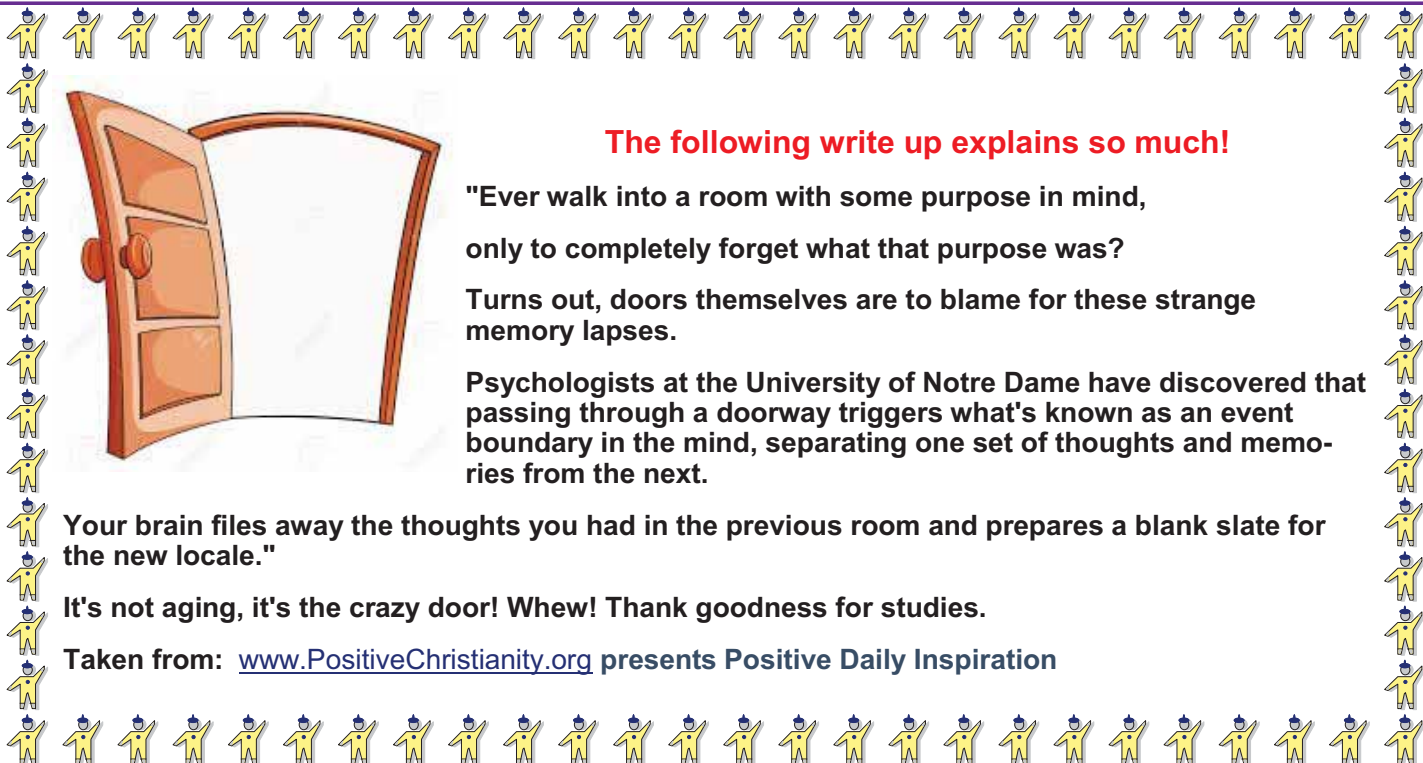
The good news is this: We both had an excellent role model of Love in relationship. On their last anniversary, the 59<sup>th</sup>, Mom was in hospital, just a few days before she passed. My Dad brought her red roses that had to stay at the Nurses' Station (not allowed in ICU). He came early

and stayed with her all day, he was present with her at this important time.

That quality of sharing oneself, sharing time to be present, is the Love I learned from my Dad. That Love is the gift I gratefully share this Father's Day.

*Love, Peace and Joy,*

*Rev Donna*



**The following write up explains so much!**

**"Ever walk into a room with some purpose in mind,  
only to completely forget what that purpose was?"**

**Turns out, doors themselves are to blame for these strange  
memory lapses.**

**Psychologists at the University of Notre Dame have discovered that  
passing through a doorway triggers what's known as an event  
boundary in the mind, separating one set of thoughts and memo-  
ries from the next.**

**Your brain files away the thoughts you had in the previous room and prepares a blank slate for  
the new locale."**

**It's not aging, it's the crazy door! Whew! Thank goodness for studies.**

**Taken from: [www.PositiveChristianity.org](http://www.PositiveChristianity.org) presents Positive Daily Inspiration**

## Our Church Finances



### Message from the Treasurer – June 2018 Newsletter

**Finances for April 2018** show a **net income of \$235.09**. **Tithes** for March paid in April, **totaling \$442.00**, were given to Silent Unity, Unity Northwest Region, Unity Worldwide Ministries, TAFY, Rose House, and the Food Bank.

We had additional and unexpected plumbing costs of approximately \$1,000 in April because the county required the installation of a commercial back flow valve in the new sewer installation. The Board voted to transfer funds from the Contingency Savings account to cover this expense.

Blessings and thanks for your continued support of this ministry, **Kim Perkins**

April 2018 Income		April 2018 Expenses	
Tithes/Offerings	\$5,225.50	Advertising & Promotion	\$94.04
Rental Income	300.00	Building Maint./Repair	1,090.03
Book/Lit Sales	25.00	Copy Machine	209.51
Classes & Workshops	152.00	Internet and Phone	92.05
Fundraising		Gifts	100.00
		Guest Speakers & Music	350.00
<b>TOTAL INCOME</b>	<b>\$5,702.50</b>	Insurance Expense	188.96
		Janitorial	205.63
<b>Tithes (March paid in April)</b>		Misc. Expense	
Silent Unity	\$100.00	Lawn Care	5.00
Northwest Region	100.00	Minister	1,067.00
Unity Worldwide Min.	100.00	Music	225.00
TAFY	50.00	Office Supplies	5.85
Serenity House	00	Payroll	770.12
Hospice	00	Postage & Delivery	0
Rose House	50.00	Tithe Expense	442.00
First Step	00	Utilities	463.35
PA Food Bank	42.00	Website	82.97
<b>TOTAL TITHES</b>	<b>\$442.00</b>	Worship Supplies	75.00
		<b>TOTAL EXPENSES</b>	<b>\$5,467.41</b>

*“Wear Gratitude like a Cloak and it will feed every corner of your life.”*

**Rumi**

*“You have no need for anything but gratitude and joy.”*

**Buddha**

*“Gratitude is the healthiest of all human emotions.*

*The more you express gratitude for what you have, the more likely you will have even more to express gratitude for.”*

**Zig Ziglar**

*Appreciation can make a day, even change a life. Your willingness to put it into words is all that is necessary.*

**Margaret Cousins**

**Thank you God for our many Blessings!**

### Lending Library News



Alice Alexander, with advice from Reverend Donna, is sorting and organizing the lending library. On Sundays there will be a table with books and cassette tapes for sale at very reasonable prices. There will be Unity magazines that are free. There are lots of cassettes that deal with healing and written by well known Unity authors. The goal is to make room for all the books that have been donated. They will then be indexed and put on the shelves for easy review. We have many Unity books and hopefully we will make it easier for you to borrow a book and return it when you are done. Also, there are lots of books for sale in the Community room that are just one dollar. Take a moment and see what is available. There is a basket for the donations. See Alice if you have questions or are looking for something particular.



## Birthdays

- 1<sup>st</sup> Justin Ruddick
- 5<sup>th</sup> Brianna Hughes
- 7<sup>th</sup> Patrick Adams
- 15<sup>th</sup> Kane Swanson
- 16<sup>th</sup> Kim Hughes
- 16<sup>th</sup> Fran Jamison

### Special Thanks to:

*-UitO Choir, Allie Winters, George Lindamood, and Eric Simpson for the beautiful music.*

*-Charles Mawson, Carl Alexander and Barbara Miller for donations for food to TAFY for May, 2018.*

*Duane Morris for helping me, Robbin*



Rose from The Memorial Garden.

### Seen Around:

UitO Choir, Pictured here from Left:

Char Coachman, Ruth Zinter, Rev. Donna Little, Alice Alexander, Eric Simpson, Charles Mawson.

And Allie Winters, Director.

*Photo Courtesy of Rev. Pat Coughlin-Mawson*



## Our Journey to Who We are Becoming

Since our 50<sup>th</sup> Anniversary of this Unity Community, we have been meeting together to Listen, Receive and Follow the Guidance of Spirit, through each other, in active discussions. Our goal has been to describe – How we got here; Where are we going; What is important to us; How do we get there.

We began our journey together in September, 2016, Celebrating the 50<sup>th</sup> Anniversary of Unity in the Olympics. We remembered and shared our experiences of being in this community; the joy of the early formation stories; the changes, challenges and accomplishments; the caring leaders that have been with us at the perfect time and season – all to help us love and grow this Spiritual Family.

As we reviewed the experiences and feelings that have drawn us together and held us together, we identified our Positive Core.

### Positive Core (November 2016)

**The Feeling** – Welcome; Positive; Acceptance; Love; Inclusive; Joy; Happiness

**Sacred Service** – Participation; Service; Compassionate Support for Members & Community

**Our Practice** – Truth Principles; Growing Consciousness; Love; Gratitude; Meditation

**Our Church Space** – Beauty; Expansion; Inspiration

**Youth Program** – Experience for Youth; Experience for Adults; Children of all Ages

**A Unity Minister** –Charisma; Leadership

In January 2017, we met to allow Spirit to form, through us, our vision for what UitO is becoming.

### Vision Statement (January 2017)

**We are Spirit Expressing as Lives Transforming for Good!**

In March 2018, we discerned our Core Values - the Qualities that determine how we do what we do.

### Core Values (March 2018)

**LOVE** - Gentle, Kind. Gratitude, Compassion, Acceptance

**INTEGRITY** - Honest, Reliable, Alignment, Trustworthy, Steadfast, Loyal, State of Wholeness, Undivided, Business Level, Project upon Others, Living up to the Expectations of others

**WISDOM** - Head & Heart, Wise, Understanding, Knowledge & Compassion in ACTION, Experience, Acting in Alignment with What You Know

**JOY** - FUN, Free-flowing, Excitement, Electric, Creative, Enthusiasm, Spontaneous, in the Moment, Keen, Pleasure, Recognition of Source, Gratitude

**PEACE** - Serenity, Calmness, Nature, Coherence, Balance, Tranquility, Quiet, Water, Groundation

**COMMUNITY** - Relationship, Family, Caring in Action, Friendship, Support, ENERGY, Open Honest Respect, Welcoming

**AUTHENTICITY** - Open, Revealing, Living up to My Expectations, How I Show Up

In May 2018, with Guidance we formed our Mission Statement – What we do to reach what we are becoming.

**Mission Statement (May 2018)**

**WE WELCOME ALL**  
**To Spirit Awakening within**  
**Through the Wisdom of Love, Peace and Joy.**

We Believe we are ready for our NEXT STEP, and we want everyone to have the opportunity to Participate in our Consciousness Shift through our Leadership Training Event on Saturday, June 30, 2018. This will be from 9:30 am to 3:30 pm in the Fellowship Room. There is no Cost to you to attend and Lunch will be provided. AND, PLEASE SIGN UP, so that we can have Training Material and Food ready for you!

My friend, Rev Cheryl Rohret, is conducting the training, I am so excited for you to meet her, and for her to meet you. **Please Join us to Love and Grow UitO.**

*Love, Peace and Joy,*  
**Rev Donna**



**Coming Up:** Please join us Sunday, June 10th, for a **Potluck** and a follow-up **Workshop**, “Using Your Life Experience To Empower Your Now Moments,” facilitated by Mark Welch.

**Workshop Time:** 12:45 to 3:15 pm

**Investment:** **\$20 suggested, though no one will be turned away!**

For more information, see flyer in church lobby Or on Facebook.



**UNITY CLASS: I of the STORM: Embracing Conflict, Creating Peace**



Upon completion of this course learners will be able to:

- **Explain** the four elements of conflict and
- the spiritual practices that resolve them
- **Identify** the obstacles to inner peace in daily living
- **Use** the 21-day reconciliation process

**Class Dates, Times & Location:**  
 Wednesdays 6:30 – 8:30 pm

**Continues** June, 20 & 27,  
 & July 11

Unity in the Olympics  
 2719 E Myrtle Street  
 Port Angeles, WA

**Books for the class include:**

**REQUIRED:** I of the Storm:  
 Embracing Conflict, Creating Peace  
 Dr Gary Simmons

**RECOMMENDED:**  
 I of the Storm for Teens  
 Rev Jane Simmons

This class is strongly recommended for churches who are in the Employment Process

**INSTRUCTOR:**  
 Rev Donna Little



**Coming Up:**

**“Creating a Dynamic, Thriving, and Sustainable Ministry”**

**-A Spiritual Community and Board Experience**

**Date:** Saturday, June 30<sup>th</sup>

**Time:** 9:30 am-3:30 pm

**Where:** Unity in the Olympics,  
2917 East Myrtle Street, Port Angeles.

**Facilitated by:** Reverend Cheryl Rohret

Regional Representative for Unity N.W. Region

**No Charge to Attend**

**Lunch Provided**

**Please Sign Up!**

**“JOIN US to help Love and Grow UitO.”**

### *Interfaith Community of Clallam County*



**Spiritual Community Reads Continue “Groups are continuing the Journey.”**

**Date & Time:** 4th Sundays, June 24th, 3:00-5:00 p.m.,

**Where:** Olympic Unitarian Universalist Fellowship, 1033 N. Barr Rd, Port Angeles.

**Book:** “We’ll be reading and sharing, The Book of Joy.”

**For More Information:** Contact 360-417-2625



**Listening Circles:**

**Date & Time:** 3rd Mondays, June 18th, 2:00-3:30 p.m.

**Where:** Sequim Library, 630 N. Sequim Avenue,

**Facilitated by:** Margaret Denstad.

For more information Email [interfaithclallamcounty@gmail.com](mailto:interfaithclallamcounty@gmail.com)



### *Oakbridge University Activities for June*

**Saturday, June 2nd: Jeshua/Jesus Speaks:**

101 Emerald Highlands Way, Sequim (Judith Coates' home)

7:30 p.m. **Love offering.** *His topic this Saturday: “The Wall”.*

**Friday, June 8th: Meditation, based on the words of Jeshua:**

Unity in the Olympics, 2917 East Myrtle, P.A.

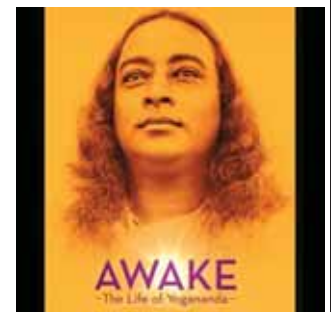
**Facilitator:** Eva McGinnis

**Love offering.**

**Saturday, June 16th: Heartfelt Movie Night,**  
Charles and Pat Mawson's home: 11 Redbud Court, Sequim

**“Awake -- The Life of Yogananda.”**

**7 p.m. Free. Come and enjoy!**



**Vision Statement**  
***"We are Spirit Expressing as Lives Transforming for Good!"***

**Sunday Celebration Schedule**

June 3rd: Rev. Donna Little

**"No One & Nothing is Against You."**

June 10th: Mark Welch

**"Using Your Life Experiences to Empower Your Now Moments."**

June 17th: Rev. Donna Little

**"News of Unity."**

May 24th: George Lindamood.

**"Ken Wilber's Constellation: A Field Guide to Spiritual Growth and Development."**

Meditation 10:00 - 10:15 a.m.

Worship 10:30 a.m.

Fellowship time following service



**Also at Uito:**

Thursdays, 1:00-3:00 p.m.

**"Way of Mastery Class," Charles Mawson and Pat Coughlin Mawson, Facilitators.**

Wednesday, June 27th, 5:30-6:30p.m.,  
**Prayer Force. Please Join Us!**

**Silent Unity  
 June 2018  
 Affirmations**

**Inner Peace**

I am peace at the core of my being.

**Guidance**

I listen to inner wisdom and I am guided to live my purpose.

**Healing**

Healing energy flows throughout my being, renewing my mind & body.

**Prosperity**

God is my Source. Freely I give and freely I receive.

**World Peace**

My thoughts, words, and actions create a space for peace & love.



**LICENSED & ORDAINED  
 UNITY MINISTER**

Rev. Donna Little

**LICENSED UNITY TEACHER**

Margaret Denstad

**BOARD OF TRUSTEES**

Duane Morris, President  
 Charles Mawson, Vice President  
 Kim Perkins, Treasurer  
 Flora Todt, Secretary  
 Erik Simpson, Trustee

**DAILY WORD  
 Friday, June 1, 2018**

**Quest: I confidently answer the call to be love."**

"I confidently answer Spirit's call to be more fully the love that I am and to express more of the infinite power of love within me."

*"Come, let us go to the mountain of the Lord...that he may teach us his ways and that we may walk in his paths."*

**-Micah 4:2**

**Peace,  
 Robbin**

**MISSION STATEMENT**

**WE WELCOME ALL**

**To Spirit Awakening within**

**Through the Wisdom of Love, Peace and Joy.**

**UNITY IN THE OLYMPICS**

**2917 East Myrtle Street  
 Port Angeles, WA 98362**

**Phone: 360-457-3981**

**Email: [uito@olympen.com](mailto:uito@olympen.com)**

**[www.unityintheolympics.org](http://www.unityintheolympics.org)**

**Office Hours: Mon., 10 a.m. to 3:00 p.m.**

**Wed., 10 a.m. to 3:00 p.m.**