

In Unison

The monthly newsletter of Unity in the Olympics

July 2016



Kim Perkins is an author and national speaker who sold her award-winning book and gift store in Florida and relocated to Port Angeles. She has enjoyed successful careers in retail, telecommunications and nursing. Both her parents were Unity ministers. Kim currently serves on the Board of Trustees of Unity in the Olympics and is an occasional guest speaker.

Celebrate Your Freedom and Your Life

Wouldn't it be wonderful if we could start afresh with a clean slate? No debts, no obligations, no mistakes to pay for, no old habits or patterns to overcome? What would you do if you had the freedom to start your marriage, your relationships, your credit history from scratch? Would you do better this time?

In the Bible – the Old Testament – there is described a wonderful practice that was instituted way back when the Hebrews were still a wandering tribe. It was called the year of jubilee. Every 50 years there was a year of jubilee. In that year, all debts were declared null and void, all slaves were freed, and all property was returned to the original owner. Think of it – every 50 years everybody got to start all over again!

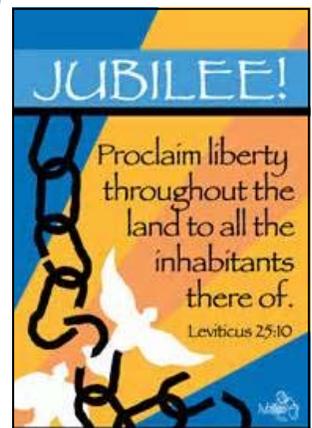
Apparently the year of jubilee worked like this: If you bought an orchard from someone in the 30th year – 30 years since the last jubilee – you were for all intents and purposes leasing that orchard for 20 years, and the price would be based on that 20 years. When the next year of jubilee came around the ownership of the property reverted back to the original owner. So, if you had fallen on hard times and had to sell your orchard, you knew in a few years you'd get your property back and could begin again.

Anyway, we don't have a year of jubilee in our system any more. It would play havoc with our banking and credit system, and our system of land ownership. But we can declare this year as our own year of jubilee, a year of freedom from all the old stuff. We don't have to wait for a new year to roll around. This is our jubilee so we can declare it anytime we want to. How about right now? How about taking July 4th as the start of our year of jubilee? We can celebrate our freedom from all the old stuff in our lives. From now on, every day can be a day of jubilee.

Take, for instance, the idea of forgiving all indebtedness. Most of us carry some kind of indebtedness in this day and age such as mortgages, credit card balances, installment loans. It almost seems a part of our way of life. Try to imagine how you would feel if all of a sudden those debts were simply forgiven.

Now transfer that idea to your thoughts and feelings in consciousness. What obligations do you have that you would like to be free of? What if you could be released from that obligation, so you

could be free to be you, to have fun, to laugh, to enjoy life more? Who is holding you in that pattern? Someone else, or is it you? You first need to know that you are now free to be what you



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JULY BIRTHDAYS

7th Leslie Menia

8th Myrle Harding

11th Alice Alexander

14th Vernon Reidel

15th Diane Duncan

22nd Patsy Adams

*My only fault is that I don't
realize how great I am.
Muhammad Ali
You are great! - Own it!*

MISSION STATEMENT

Unity in the Olympics provides an accepting place in which to experience the Peace, Love, and Oneness of the Christ within so that we may more fully express these gifts in the world.

UNITY IN THE OLYMPICS

2917 East Myrtle Street
Port Angeles, WA 98362

Phone: 360-457-3981
Email: uito@olympen.com
www.unityintheolympics.org

New Office Hours: Mon. & Wed., 10 a.m. to 3 p.m.



SUNDAY CELEBRATION

Meditation 10:00 - 10:15 a.m.
Worship 10:30 a.m.
Fellowship time following service

BOARD OF TRUSTEES

- Teia Stitzel, President
- Duane Morris, Vice President
- Janice Wyman, Secretary
- Alice Alexander, Treasurer
- Charles Mawson, Trustee
- Kim Perkins, Trustee
- Erik Simpson, Trustee

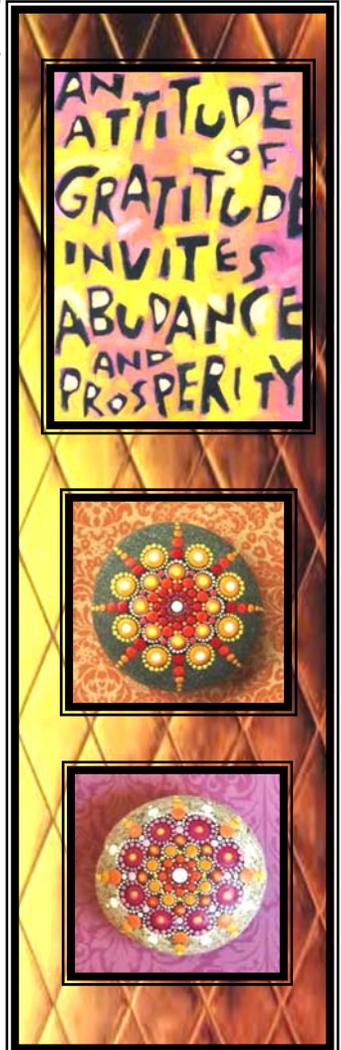


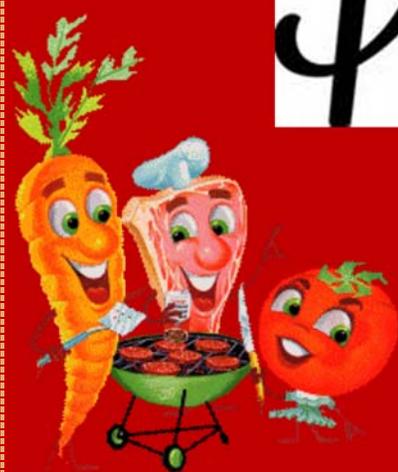
LICENSED UNITY TEACHER

Margaret Denstad

Our Church Finances

May Income		May Expenses	
Tithes/Offerings	\$ 4232.00	Advertising & Promotion	\$ 137.04
Rental Income	480.00	Bank Service Charge	6.10
Book/Lit Sales	6.00	Child Care	60.00
Classes & Workshops	107.00	Computer & Internet	37.95
Fund Raising	25.25	Copy Machine	171.71
		Dues & Subscriptions	10.00
		Guest Speakers	750.00
TOTAL INCOME	\$ 4850.25	Insurance	184.24
		Janitorial	100.00
Tithes (April, paid in May)		Payroll	930.56
Silent Unity	\$ 100.00	Postage & Delivery	0.00
Northwest Region	100.00	Telephone	61.18
Unity Worldwide Min.	50.00	Tithe Expense	345.00
MANNA	50.00	Utilities	261.36
Hospice	45.00	Worship Supplies	218.99
TOTAL TITHES	\$ 345.00	TOTAL EXPENSES	\$3274.13





Potluck





Barbecued Chicken &
A Vegetarian Option
plus Lemonade provided.
Bring your favorite **Salad,**
Side Dish or Dessert.
Sunday—July 10th

Continued from Page 1

want to be.

Once we are free, we need direction. And that direction is to be what God would have us be, what our own inner Lord tells us is ours to do. And that's going to come down to loving and serving and making the world a better place in some way. The difference is that now it is our choice. No one is telling us to be loving and kind; we have come to that conclusion on our own.

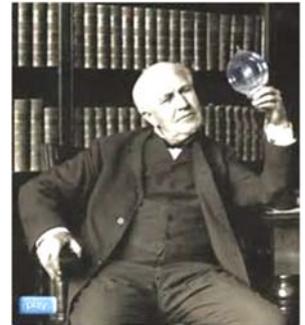
Some of us act as if we have an obligation to carry the weight of the world on our shoulders. We say, "How can I be happy when there is so much misery in the world, when children are starving, when the rain forests are disappearing?"

But how does being miserable help the hungry children or save the rain forest? It would seem to me that if I could come out of my misery and become a productive human being, I'd be able to do more to improve the world.

While we are doing our year of jubilee, let's not forget to free the slaves. Along the way we have picked up or taken on some habits or patterns and now we want to be free of them. To begin, let's declare that we are free, no longer in bondage. No one is keeping us enslaved to the old patterns but us.

And let's free others too. Although we don't have slaves, we do tend to hold others in a kind of bondage. We make judgements about others sometimes. We catch someone in a lie and we forever brand them a liar. Maybe it's time to let those judgements go.

There is an old story about Thomas Edison that I like. He was working on improving his first light bulb. It all had to be done by hand. He had just finished the latest version of the light bulb, and handed it to a young helper, who nervously carried it upstairs, step by step, to the vacuum machine. At the last minute the boy dropped it. The whole team had to work for another 24 hours to make the light bulb again, but when Edison looked around for someone to carry it upstairs, he gave it to the same boy.



The gesture probably changed the boy's life. Edison knew that more than a light bulb was at stake. He didn't let the boy keep thinking of himself as a clumsy oaf; he helped him break that pattern.

We need to be careful about the labels that we attach to ourselves and others. We don't need to place judgmental labels on people that say "poor student" or "untrustworthy". Labels are sometimes harder to change than the behavior that prompted the label in the first place.

What are we really talking about? We are talking about forgiveness, aren't we? Forgiving ourselves and forgiving others. That's what frees us from the past and our old patterns.

Jesus made it pretty plain that we are the ones who can free us from our old stuff. He indicated that God doesn't hold grudges. He said, "Your sins are forgiven." Not will be forgiven someday. They already are.

God forgives. You and I tend to hold on to old hurts and mistakes. But this is our year of jubilee, or our day of jubilee, or our week of jubilee, or whatever you want. How about a life-long jubilee? A life-long celebration of freedom?

Listening Circles:

Diversity listening respectfully, speaking honestly

Facilitated by:

Interfaith Community of Clallam County

July Topic: Violence...how does your faith or spiritual practice help you recognize it, understand it, and beneficially respond?

Who: Anyone who is a member of a church or faith group or follower of spiritual practices, please come and join the discussion.

**July 12, 2016 (Second Tuesday)
6:00 pm – 7:30 pm
Holy Trinity Lutheran Church
301 East Lopez St.
Port Angeles**



**THE TWELVE POWERS
JULY**
The power for this month is **UNDERSTANDING:**
The ability to know, perceive, comprehend, and apprehend.
Disciple—Thomas
Area of the body—Front of brain
Color—Gold
Affirmation: *My understanding of Truth deepens and directs my life.*

Prayer for Guidance

*Heal what needs to be healed,
Reveal what needs to be revealed.
Lead me where you need me;
And, speak to me in ways
that I always clearly understand.
Thank You, God!*

Lowell Fillmore's Daily Meditations

SUNDAY: I lift my attention to the high level of God's true creations.

MONDAY: I seek the Christ in myself and in my neighbors.

TUESDAY: I look up to God's perfect will to solve all my worldly problems.

WEDNESDAY: I seek the goodness of God's perfection in my life and all my affairs.

THURSDAY: The Son of God in me lifts me above the clouds of mortal negative thoughts.

FRIDAY: I let the sunshine of God's Truth clear away my untrue thoughts.

SATURDAY: I enjoy the light of God, which reveals the truths of God's creation to me in all their glory.

From Weekly Unity, July 3rd, 1966

NOTES FROM THE BOARD OF TRUSTEES MEETING:

The Board met on June 20th. Alice Alexander, Duane Morris, Kim Perkins, Erik Simpson, Teia Stitzel and Jan Wyman were present.

Finances: The May tithe was \$491 (See distribution in next month's "Church Finances" section). The Board allocated \$100 to the Minister's Search Fund bringing the total to \$5206. Nine hundred dollars was allocated to the Bathroom/Sewer Fund (along with used book sales dollars) bringing that fund totals to \$11,407. Alice reported on the pass-through accounts. The donation for website costs to be included.

Administration: Alice and Teia will draft a letter concerning increased building rental fees. * There was discussion about which Sunday speakers were best attended, the variety of speakers and availability. * Kim offered her services as proof-reader for announcements. * The Board voted to help fund Rev. Donna's trip to the Northwest Regional Conference.

Outreach: Kim offered to add UITO to a website for local event venue rentals. * Planning continues for our 50th anniversary to be celebrated Sept. 25th. We're considering sending invitation letters to members who no longer attend.

Maintenance: Duane was thanked profusely for the speedy construction of our new shed. A paint party is planned for Sat. June 25th. Teia will check paint supplies and buy more if needed to match the main church building. * The Board approved having John Mason spray for ants again this year.

Next Board Meeting: July 17th.





(Left) The Norfolk Pine which was languishing in the Community Room has found a regal new home in the Sanctuary.



To make way for our new sewer line connection, our old dilapidated shed needs to be removed. This new shed was built at the end of the east driveway. Thank you Duane for research, purchasing and manual labor to get it built. Also, thanks to Rick Hillgren of Rix Fix.



(Above) "Precious" seems to be saying, "Where are you Mom" on the morning of the day that Pat Mawson returned home from rehab after knee surgery.



(Above Right) The Shed Painting Party was BYOB (Bring your own brush).

Healing and Wholeness Part I

Instructor: Rev. Donna Little

Wednesdays, 6:30 ~ 8:30 June 1 ~ July 6



Only one more class in this series. Drop in to see what it's all about. Then watch your bulletin for the next class offering.

Meditation Practice

Takes place on 1st and 3rd Wednesdays from 5:30 - 6:20 pm. Rev. Donna facilitates as we try out different techniques.

Meditation makes the entire nervous system go into a field of coherence.—Deepak Chopra

UNITY IN THE OLYMPICS: 50 Years in the Making

by Alice Alexander, Jan Wyman & Charlotte Coachman

John Wingfield joined Unity in the Olympics as a part-time minister in April of 2010. John came to UITO after spending much of his ministerial career as an interim minister around the country and abroad.

John had always wanted a sailboat, so he bought one, and a friend helped him sail it from Olympia (Where John and his wife Jane reside) to John Wayne Marina in Sequim. And that was his living quarters on the days he served as our minister. After getting more comfortable with his sailing skills, he eventually took the Board of Trustees on a sail around Sequim Bay.



John held 24-hour vigils at the church during World Day of Prayer each year. He also truly loved the Christmas Candlelight Service and brought his multi-cultural knowledge into the presentation of the services. Due to his love of music, John would often bring his guitar and share a song with us during services. He was also a great lover of food and fellowship, and loved a great potluck. Donation baskets for the local food banks were always brimming while John was minister.

John's father, Royce Wingfield loved our church and loved supporting his son by coming to services whenever he was visiting John in Olympia.

John arranged for his friend Jim Valle (formerly of Paul Revere and the Raiders) to do a benefit concert on the Pier for TAFY, the youth drop-in facility that we support with food and tithe money.

John offered many Unity Basics classes on Sundays after the service. During his tenure he hired Cole Urnes, a local high school student, as our pianist. Cole went on to Berkley in California on a musical scholarship, while studying to become a doctor.

John retired in 2013 and does guest speaking. He continues to enjoy creating music with his garage band friends. He and Jane have been accepted to the Peace Corp and will serve whenever an acceptable assignment is available, if no grandbabies show up in the meantime to divert their attention.

Meditations Guided by Jeshua's Words
 as channeled by Judith Coates ~ Eva McGinnis, facilitator
 The 2nd & 4th Fridays from 7:30—8:30 p.m.



The focus of the ongoing meditation experience will be to deepen (or start) your meditation practice as you breathe and relax into Jeshua's beautiful healing words. "In this sacred space of Oneness you can reconnect with Spirit energy and experience Jeshua's blessing. As we join together we will create an even more powerful energy of Peace and Love." Judith Coates. (Love offering accepted)

Sponsored by Oakbridge University