



# In Unison

The monthly newsletter of Unity in the Olympics

July 2017

## You Are Free to Choose Freedom or Bondage

By Lowell Fillmore

Remember that your loving Father, God, has set you free either to use the blessings of His loving goodness, which is your divine birthright, or to use the negative, worldly methods devised by the Adam man.

The parable of the prodigal son is a good example of how our Father, God, loves us enough to set us free to fulfill our own desires and go into a far country, which means to separate ourselves from the glory of His good kingdom.

When we go into a far country we waste our God-given substance by living according to our own selfish will in the world of appearances. It was not in accordance with the father's will but with the son's personal will that he left his loving father's house and lived according to his own ideas. By so doing he unwisely used up the substance his father had given him until he did not have enough to live on.

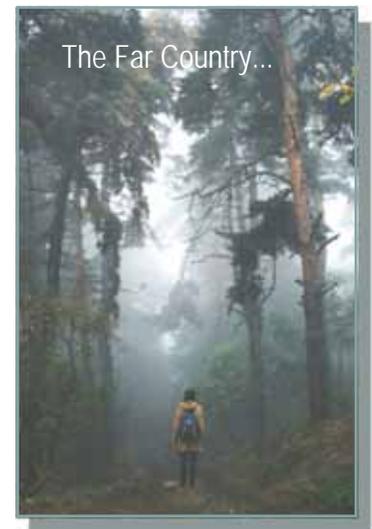
He then came to himself and realized that he had made a mistake when he left his father's house. He also realized that even the servants in his father's house had enough to eat. Therefore he returned to his father and asked to be a servant. His father lovingly welcomed him as a returned lost son, and supplied him with all things as a beloved son, without criticizing him for leaving.

The parable shows us how, although God loves us, He does not compel us to love Him. If we leave Him in spirit He is always ready to forgive us when we decide to return to Him and to share in His blessings.

Jesus has told us to seek first the kingdom within us and this we must do instead of wasting our spiritual substance in the world. But when we seek our Father, God, first, we shall find all things that we need. He also told us that the greatest commandment is to love God with all our heart, soul, and strength.

Our father, God, always loves us, but until we make use of love and put it into action by loving Him and also our neighbors, we shall not be able to receive and enjoy the full benefit of His love. So the only way for us to find God's love is to express it in our life. When we do so we shall return to our father's house where we shall enjoy the good things that He has created for His children. The truth is that God has created only that which is good, loving, true, and constructive.

Too often, like the prodigal son, we take advantage of our God-given freedom to think and use our living substance in ways that are not true in God's good creation. When we use our freedom by separating ourselves from God's love, we are going into a far country. When we are working with God's love, we shall do only what is good and true. In this way we can keep ourselves free from binding, negative thoughts of untruth.



*Continued on Page 4*



*To Matt Perkins for resurrecting our crashed computer*

*To Kim for purchasing the programs that needed to be reloaded in the computer*

*To Kim and Marie for the "Creating a Personal Vision Board" Workshop*

*We are so grateful that you share your time, talents and treasures here at UITO. Blessings!*



# JULY BIRTHDAYS



- 7<sup>th</sup> Leslie Menia
- 8<sup>th</sup> Myrle Harding
- 11<sup>th</sup> Alice Alexander
- 14<sup>th</sup> Vernon Reidel
- 15<sup>th</sup> Diane Duncan
- 28<sup>th</sup> Patsy Adams



**Life should not only be lived... It should be Celebrated! Happy Birthday!**

## MISSION STATEMENT

Unity in the Olympics provides an accepting place in which to experience the Peace, Love, and Oneness of the Christ within so that we may more fully express these gifts in the world.

## UNITY IN THE OLYMPICS

2917 East Myrtle Street  
Port Angeles, WA 98362

Phone: 360-457-3981  
Email: [uito@olympen.com](mailto:uito@olympen.com)  
[www.unityintheolympics.org](http://www.unityintheolympics.org)

**Office Hours: Mon. & Wed., 10 a.m. to 3 p.m.**



## SUNDAY CELEBRATION

Meditation 10:00 - 10:15 a.m.  
Worship 10:30 a.m.  
Fellowship time following service

## BOARD OF TRUSTEES

- Teia Stitzel, President
- Duane Morris, Vice President
- Janice Wyman, Secretary
- Kim Perkins, Treasurer
- Charles Mawson, Trustee
- Flora Todt, Trustee
- Erik Simpson, Trustee



## LICENSED UNITY MINISTER

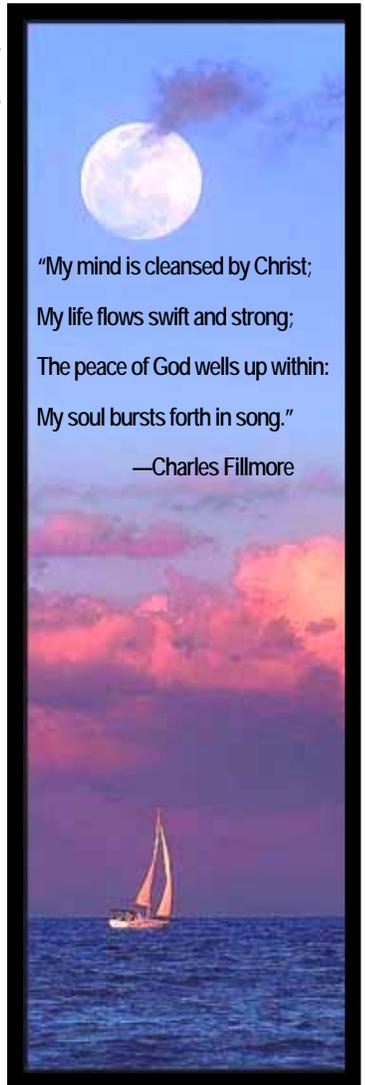
Rev. Donna Little

## LICENSED UNITY TEACHER

Margaret Denstad

## Our Church Finances

May Income		May Expenses	
Tithes/Offerings	\$ 3084.00	Advertising & Promotion	\$ 200.08
Rental Income	225.00	Bank Service Charge	0.00
Book/Lit Sales	5.00	Book/Literature Expense	(79.84)
Classes & Workshops	92.00	Classes & Workshops	7.00
Special Events	0.00	Computer & Internet	42.95
Misc. Income	13.19	Copy Machine	320.63
		Gifts	45.00
<b>TOTAL INCOME</b>	<b>\$ 3419.19</b>	Guest Speakers & Music	700.00
<b>Tithes (April paid in May)</b>		Insurance Expense	187.26
Silent Unity	\$ 100.00	Janitorial & Lawn Care	130.00
Northwest Region	100.00	Payroll	785.15
Unity Worldwide Min.	100.00	Postage & Delivery	49.00
MANNA	50.00	Telephone	50.55
Hospice	69.50	Tithe Expense	419.50
		Utilities	325.82
		Worship Supplies & Misc.	95.99
<b>TOTAL TITHES</b>	<b>\$ 419.50</b>	<b>TOTAL EXPENSES</b>	<b>\$3279.09</b>



\* We experienced a net loss in April due to paying for front entry roof repairs directly from operating funds.

Joy

“When you do things from your soul, you feel a river moving in you, a joy.”

Rumi

POTLUCK  
SUNDAY  
JULY 16TH  
AFTER  
THE SERVICE

*Continued from Page 1*

When we live with our loving Father in Spirit and in Truth, we will not go into a far country where we think, and are burdened by, unloving thoughts such as hate, condemnation, selfishness, and doubt. These thoughts are a burden to us, and they may cause us to lose our freedom.

When we use our creative power of thought to criticize others and look for what is not good, and quarrel and fight, we are not burdening others as much as we are burdening ourselves. The truth is that God is good and loving and did not create anything that is not good or that is burdensome.

In John 8:32 we find these words: **“Ye shall know the truth, and the truth shall make you free.”** And in the 36th verse we read: **“If therefore the Son shall make you free, ye shall be free indeed.”**

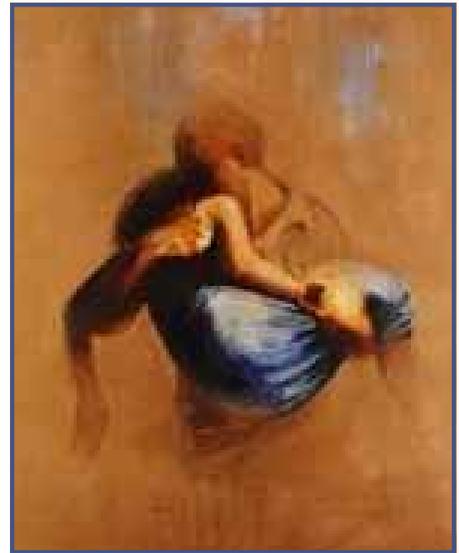
The prodigal son decided to return to his father’s house and become a servant. When we serve God we shall not be an unhappy servant but will do good work for everyone. In Romans 6:18 we find these words: **“And being made free from sin, ye became servants of righteousness.”** Therefore when we are servants of righteousness, we are living in the Father’s house where we have an abundance of all things we need, and we are happy and are free from the burdens of ideas that are not true.

We read in I John 4:4 this good explanation of the truth about how we live as children of God. Here are the words: **“Ye are of God, my little children, and have overcome them: because greater is he that is in you than he that is in the world.”** This explains how we can overcome our burdensome troubles by using God’s loving method, which is greater than the unloving and destructive methods of the world.

Jesus has told us in Luke 12:30-32: **“Your Father knoweth that ye have need of these things. Yet seek ye his kingdom, and these things shall be added unto you. Fear not, little flock; for it is the Father’s good pleasure to give you the kingdom.”** And Jesus said in Luke 17:21: **For lo, the kingdom of God is within you.”**

God is with us but we have to seek Him in Spirit and in Truth within our own consciousness, because God’s perfect idea of man is within us and is the idea back of our being able to live.

**Therefore let us use our freedom and be free indeed.**



Blue Prodigal Daughter  
by Charlie Mackesy



*Lowell Fillmore (1882-1975) was the oldest son of Charles and Myrtle Fillmore, co-founders of Unity. His work in the movement began at age 8 when he worked in the family printing business after school and continued for 75 years. He ran the early printing press, served as manager of the ordering department, was editor of Weekly Unity, and wrote a “Things to be Remembered” column. He was general manager of Unity School for five decades and became president of Unity in 1948 (when his father died), serving in that capacity until 1972. Then he served on the Board of Directors until his death at age 94.*

## The Interfaith Community of Clallam County Invites You to: Listening Circles



**When:** Tuesday, July 11<sup>th</sup>, 6pm, Holy Trinity Lutheran Church

Thursday, July 27<sup>th</sup>, 11am, Carver Room, Port Angeles Library

**What:** Community dialogue that fosters curiosity, compassionate understanding and deeper respect for the experiences of each person present.

**Who:** Those who are willing to listen respectfully and speak honestly.

**Why:** Listening Circles dialogue, at its best, teaches people to create bridges of understanding across differences, strengthening our community.

**How:** Participants share their personal understanding and experience on a group topic. The goal is to understand the person speaking, not to debate, fix, correct or convert.

**Topic:** **What motivates or challenges you to talk about your faith with those of differing beliefs?**

For more information, contact Marilyn Eash at [marilynnoe@msn.com](mailto:marilynnoe@msn.com) or (360)477-0681.

### THE TWELVE POWERS JULY

The power for this month is **UNDERSTANDING**

The ability to know, perceive,  
comprehend and apprehend.

Disciple—Thomas

Area of the body—Front of brain

Color—Gold

Affirmation— *My understanding of Truth  
deepens and directs my life.*

*Jehovah appeared to Solomon in a dream and said: "Ask what I shall give thee." Solomon replied: "Give they servant therefore an understanding heart to judge thy people, that I may discern between good and evil." Pleased because Solomon had asked for wisdom instead of riches and honor, the Lord said: "Behold, I have done according to they word; lo I have given thee a wise and an understanding heart".*

*Charles Fillmore,  
The Twelve Powers of Man*

"When we discover in ourselves a flow of thought that seems to have been evolved independently of the reasoning process, we are often puzzled about its origin and its safety as a guide. In its beginnings this seemingly strange source of knowledge is often turned aside as a daydream; again it seems a distant voice, an echo of

something that we have heard and forgotten. One should give attention to this unusual and usually faint whispering of Spirit...It is the development...of a greater capacity to know (oneself) and to understand the purpose of creation".

Charles Fillmore



## Become an Active Part of the Vision for Unity in the Olympics

Unity principles teach us that there is great power in visualization. What we hold in mind and believe with our whole heart will become our reality.



As a result of the member survey at the annual meeting in April, the Board of Trustees heard your desire for both a full time minister and music at the Sunday service. We are blessed to be able to hire Rev. Donna Little as a part time minister and are making plans to incorporate more music and find a full time minister in the future as funds are available.

This is where you come in! We want your help in visualizing – continuously holding in mind prosperity for Unity in the Olympics. Right now we have an average attendance of 28 people per week and an average weekly offering of \$28 per person. To meet our current financial obligations, we need to either move the number of attendees to 38 a week, or increase the average weekly offering to \$38 per person. Or both would be great if you want to just envision the number 38! This is our first step.

We have determined that to be able to provide everything the congregation has requested (full time minister, music on Sundays, active Youth church, as well as building updating, new carpet, etc.), we need to generate income of \$10,000 a month or \$120,000 per year. At the current level of giving (\$28 per person per week), we need to have 80 active members attending each week and supporting Unity in the Olympics with their tithes and offerings. This is absolutely doable! In fact, within the last decade records show that we have had that many active members. So, step two is to envision the sanctuary filled with 80+ people on Sunday.

If it our firm belief that, as a group, we have great power to manifest these dreams into reality. We are asking you to join us in this endeavor and to hold a prosperous and vibrant Unity in the Olympics in your heart and mind. We will keep you updated in the newsletter as we see this vision unfold!

Unity in the Olympics  
Board of Trustees

## NOTES FROM THE BOARD OF TRUSTEES:

The Board met on June 18<sup>th</sup>. Donna Little, Charles Mawson, Duane Morris, Kim Perkins, Erik Simpson, Teia Stitzel, Flora Todt and Jan Wyman were present.



Finances: The May tithe was \$278 (see distribution in next months "Church Finances"). Kim is talking to First Federal about UITO being charged a fee for each check deposited. We may consider another bank. May allocations of \$100 each to the Building and Contingency Fund were made. No June allocations.

Worship Service: The Board is talking to a pianist about playing occasionally at church services. The Board discussed improvements to the visitors' packets and how they are offered.

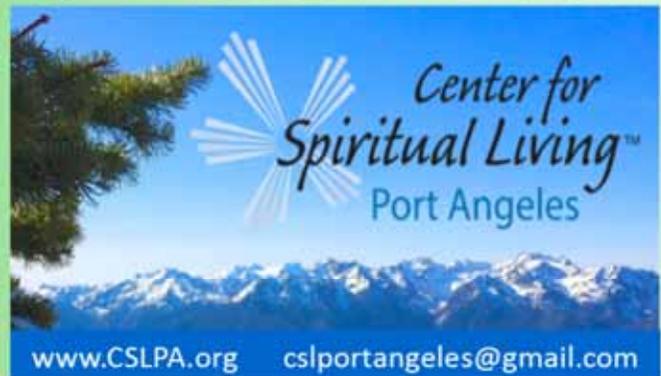
Computer Maintenance: Matt Perkins, with Kim assisting, volunteered 8-10 hours to repair our office computer. The Board voted to show our appreciation with a \$150 Home Depot gift card (a token compared to the cost had we hired repairs). The Board also voted to reimburse Kim for the cost of Microsoft Office Pro and Publisher which needed to be replaced and added memory to boost speed. We will start doing back-up to The Cloud at a cost of \$50-70 per year. The Board is looking into Wave Broadband for more reliable Wi-Fi and unlimited long distance phone service (we currently have no long distance).

Outreach: The Board heard a radio script narrated by Kim and written by her father. Kim has a collection of these 1.5 to 2-minute spots (collectively called "Thought for the Day") that her father used to build his church. Charles suggested we look into airing a "thought" each Friday or Saturday. Teia is looking into the cost at KONP and possibly KFQM. Duane will talk to Port Angeles Website Design about our website. He will ask about a Facebook problem and whether they can recover emails lost in the computer crash.

Visioning: As a follow-up to our discussion of what's needed to hire a permanent minister, Kim presented several financial scenarios of number of church attendees x average offering to help us visualize the financial goals we desire.

Next Board Meeting: July 16<sup>th</sup> at 12:30.

# It's an Anniversary Celebration and Everyone is Welcome !!



Join the Interfaith Community & Center for Spiritual Living  
Port Angeles as we celebrate one year of connections  
on the Olympic Peninsula

## July 29, 2017 1:00 - 5:00pm

254 N. Bagley Creek Rd., Port Angeles

1:00 Meet & Greet    1:30pm Group Welcome

2:00pm Potluck

Throughout the remainder of the day we'll have:

- ★Live Music    ★Dancing    ★Listening Benches
- ★Prayer/Gratitude Tree    ★Playing    ★Connecting
- ★Enjoying our beautiful 7 acre property

- We'll provide BBQs to use, Water, Iced Tea and Lemonade.
- Bring a Potluck Dish to share, any other beverage you desire and your chairs/blankets.

For more information go to our Facebook page "The Interfaith  
Community in Clallam County," contact

interfaithclallamcounty@gmail.com or call CSLPA at (360) 457-4801

## Metaphysical Gadgets by Lowell Fillmore

**I go to meet my good.** (To be used when answering the doorbell, or on the way to an appointment).

**My heart is right with God** (For heart trouble).

**Divine love through me blesses and multiplies this money.** (For blessing all money when received or paid out).

**I am a radiant center of divine love.** (To be used in winning friends).

**There is nothing lost in Spirit.** (To be used when something seems to be mislaid).

**I greet the presence and power of God here.** (To be used in entering a new home or, in fact, any building).

**No man cometh unto me save the Father send him.** (For preventing gossip and waste of time with those who would talk too long, and to discover means of helping others Spiritually).

**There is but one presence and one power here.** (To be used when you seem to be up against a stone wall and the problem facing you seems beyond human solution).

**Life.** (To be spoken silently in times of health emergency).

**Peace.** (To be used when there is a disturbing noise or storm, or when you are afraid).

**The Spirit of the Lord goes before me making safe, happy, and successful my way.** (To be used when starting on a trip).

**I am Spirit, Spirit cannot be sick.** (To be used when somebody remarks that you are not looking well).

**The Christ in me greets the Christ in you.** (To be used as a silent salutation).



You are invited to  
Sign Up for

### Interfaith Peace Choir



You can join, even if you don't read music, or if you have to miss one of the practices. There will be parts for accomplished singers as well as for novices.

Please **RSVP to ME Bartholomew or Marilyn Eash, [interfaithclallamcounty@gmail.com](mailto:interfaithclallamcounty@gmail.com)** or 360 477-0681 and pass this on to your friends. We need to know how many music packets to make.

Practices: Sat 9 am, Aug 19, 26, Sept 9 and 16.

Dress Rehearsal: Sept 23, Noon.

*Concert and Community Sing*  
*Saturday, September 23 at 3 pm*  
*Olympic UU Fellowship, 73 Howe Rd.*

*Sponsored by*  
*the Interfaith Community of Clallam County*

**Meditations Guided**  
**by Jeshua's Words**  
**as channeled by Judith Coates**  
**Eva McGinnis, facilitator**  
**The 2nd & 4th Fridays**  
**from 7:30—8:30 p.m.**

The focus of the ongoing meditation experience will be to deepen (or start) your meditation practice as you breathe and relax into Jeshua's beautiful healing words. "In this sacred space of Oneness you can reconnect with Spirit energy and experience Jeshua's blessing. As we join together we will create an even more powerful energy of Peace and Love." Judith Coates. (Love offering accepted)



**Sponsored by Oakbridge University**