



# In Unison

The monthly newsletter of Unity in the Olympics

January 2018



## **Growing in Consciousness**

In planning for the New Year, I look into the future as best I can.... What holidays or special events will be taking place? What classes do we want to offer; and when? What services can we make available for our members to invite us to grow spiritually and to assist us in the everyday of living on Planet Earth? What is Spirit's message to my Dear Friends of Unity in the Olympics as we enter into 2018?

For myself, the recent Holidays have been a fun and successful sharing of Holiday Celebrations and festivities with you, my Spiritual Family; we have enjoyed lots of good eating! The time we have enjoyed with friends, families and companions is a special gift of the season! As we have shared the Heart Centered Traditions of the Season, we closed the year with The Burning Bowl Ceremony, releasing what no longer serves us, connecting with Spirit for Guidance in this New Year.

Many of us have spent significant years of our lives in care giving for our own family members or for others. It is good work that we have done. Some of us are still involved in care giving for others.... However, now is the time that we must tenderly, lovingly open the gates to our own inner core, we must step forward to take Compassionate care of ourselves, too.

In January, we come back to the work of Consciousness Building for UitO. In 2017, we completed the construction of a **Vision Statement** for our Spiritual Family;

***“We are Spirit Expressing as Lives Transforming for Good.”***

In the coming months, we return to the building process and identify what **Values** we hold that support and are manifested by this Vision.

We will also review our **Mission Statement**;

***“Unity in the Olympics provides an accepting place in which to experience the Peace, Love and Oneness of the Christ within so that we may more fully express these gifts in the world.”***

At each step of the process, we will review the structure – **Values, Vision and Mission** - to ensure that all are aligned and guiding us to the Highest and Best we can be as Unity in the Olympics.

In support of this Major work for our Consciousness, Rev Donna will be teaching the **Unity Basics Class** on **Sunday, January 14, 2018, from 12:30 – 4:00 pm**. This one session class is required for new Membership, and it is also a good class just to learn more about Unity, whether you are new to us or a long-time participant.

Also, on **Wednesday, January 24<sup>th</sup>, 6:30 – 8:30 pm**, Rev Donna will begin leading the **2018 Spiritual Read** at UitO, in connection with the Interfaith Community of Clallam County. Our Book selection this year is **“The Book of Joy: Lasting Happiness in a Changing World”**. The six to nine session Class will be offered in several locations throughout Clallam County, including UitO in P.A. and a **2:30 pm afternoon class (Monday/Tuesday)** at the Sequim Library co-facilitated by Annette Lindamood and Margaret Denstad. Watch for more information coming soon.

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And, in the tradition of A Course in Miracles, a new class, **The Way of Mastery** begins **January 11th, meeting 1:00 – 3:00 pm on Thursday** afternoons. This Class continues until the book is completed, usually about a year and is facilitated by Charles and Pat Mawson. This is excellent material in a Heart-Centered approach. Please see other articles in our Newsletter or flyers for more detail on these classes and other events.

As we enter 2018, I believe we are coming fully into a place of Consciousness where we can and do experience Oneness with Spirit. As we continue our journeys, together, as Spiritual Family, our focus will be on knowing that we are the Oneness and asking the question, “How do I live my life in confidence of that Goodness and that Joy?”

In Love, Peace and Joy,

Rev Donna

“Let all that you do be done in love.” — 1 Corinthians 16:14

### A Message from Silent Unity

Dear Friends,

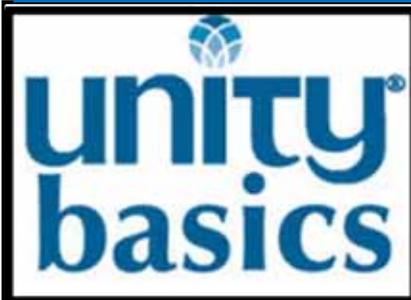
We love hearing from you, and we want you to know that we hold you in prayer always. As we do, we see you and everyone who is touched by your ministry as venturing on a spiritual quest.

Wherever your quest leads you, you have the assurance of divine power and strength within. As you travel on life's journey, this power guides you and helps you support and encourage one another in the pursuit of your dreams and goals.

You are an inspiration as you give spiritual support to one another and to your community. By sharing your gift with us, you are also helping us as we continue to inspire friends in our world community.

You are enfolded in our prayers of harmony, wisdom, success, and well-being. May your quest lead you to a greater awareness of the power of God within and infinite happiness and peace.

In faith,  
Silent Unity



**Where:** Unity in the Olympics, 2917 East Myrtle, Port Angeles

**When:** Sunday, January 14<sup>th</sup>

**Time:** 12:30 to 4:00 p.m.

**Instructor:** Reverend Donna Little

This Class, an overview of Unity beliefs, history and structure, is required for new membership. As a Member, you are eligible to vote on Church Business and to take Chaplain training. Membership is not required to receive acceptance, love and hugs.

Please **SIGN-UP** in church lobby, so we will know how many handouts to prepare.

Please bring your lunch for this class.

## Our Church Finances

***We did not hold a Board meeting in December and so therefore we will report two months financials in the February newsletter. Kim Perkins, Treasurer***

***“The Gift of Prosperity comes about from diligence in keeping on in faith, through prayer and a perpetual giving spirit.”-Charles Fillmore***

**“A Prosperity Treatment (classic); twenty-third Psalm (revised).” Authored by Charles Fillmore:**

*“The Lord is my banker; my credit is good. He maketh me to lie down in the consciousness of omnipresent abundance; He giveth me the key to His strongbox. He restoreth my faith in His riches: He guideth me in the paths of prosperity for His name’s sake. Yea, though I walk in the very shadow of debt, I shall fear no evil, for Thou art with me; Thy silver and Thy gold, they secure me. Thou prepares a way for me in the presence of the collector; Thou fillest my wallet with plenty; my measure runneth over. Surely goodness and plenty will follow me all the days of my life, And I shall do business in the name of the Lord forever.” Amen*

### ***Become an Active Part of the Vision for Unity in the Olympics***

Unity principles teaches us that there is great power in visualization. What we hold in mind and believe with our whole heart will become our reality.

As a result of the member survey at the annual meeting in April, 2017, the Board of Trustees heard your desire for both a full time minister and music at the Sunday Service.

We are blessed to be able to hire Rev. Donna Little as a part time minister and are making plans to incorporate more music and find a full time minister in the future as funds are available.

This is where you come in! We want your help in visualizing-continuously holding in mind prosperity for Unity in the Olympics. At the time of the annual meeting, we had an average attendance each week of 28 people. And an average Sunday offering of \$28 per person.

As of October, both numbers have increased to over 32! So visualization really works! We sincerely thank you for participating in this process.

Our current goal is 38. An average weekly attendance of 38 people with an average weekly offering of \$38 per person. This would allow us to meet our current financial obligations, have live music every week, and save for a full time Minister in the future.

***So, we ask you to keep 38 people giving \$38 each week in mind every time you think of Unity in the Olympics.***

If it is our firm belief that, as a group, we have great power to manifest these dreams into reality. We are asking you to join us in this endeavor and to hold a prosperous and vibrant Unity in the Olympics in your heart and mind. We will keep you updated in the newsletter as we see this vision unfold!

Unity in the Olympics  
Board of Trustees

## NOTES FROM THE BOARD OF TRUSTEES:

The Board met on November 19th. Donna Little, Charles Mawson, Duane Morris, Erik Simpson, Kim Perkins, Teia Stitzel and Flora Todt were present.



So, where does the **DATA** come from? The **Board of Trustees** meets the **3rd Sunday** afternoon to conduct Business. In this meeting, we review and approve Financial data, including Tithe recipients, and Minutes from the meeting of the Previous month. Approved Minutes are maintained in a Board Binder in the Administrative Office of the Church.

The Numbers in the Financial Report for the UitO Newsletter come from the first page of the Approved Minutes of the Board Meeting of the previous month. Example, the November Newsletter reflected September data that was approved in the October Board Meeting.

**Next Board Meeting: Sunday, January 21st at 12:30.**

**Gratitude:** *Thank you God for those who serve your church and watch over its finances while remembering that You are constantly sending only the best and highest means to us all.*

*Amen*

### THE TWELVE POWERS JANUARY

The power for this month is Faith

Disciple—Peter

Area of the body—Pineal Gland

Color—Blue

Affirmation— *“Faith blesses my day  
and paves the way.”*



## Twelve-Power Meditation Exercise on Life: Faith

By Charles Roth

Placing your center of attention at the crown of the head, (which represents the Christ center)  
Say the following:

**“The Christ of God is quickening in me! I am aware that the Christ of God is quickened in me.  
I AM grateful that the Christ of God is being quickened in me. I AM grateful!”**

**“According to your faith let it be done unto you,” Jesus-Matthew 9:29**

*Special Thanks to Jan Wyman for volunteering to publish Unity's Newsletter. Her creative care and love that she shared with us will always be remembered.*

*Thank you to all who donated food for the hungry in our community. Together we donated 64lbs of food over two months.*

*Thank you also for all who made our Christmas Candle Light Service and Party such a success. Over thirty people attended the event.*

*Thanks to George Lindamood and Allie Winters for the lovely music they shared with us during the Candle Light Service and at the party that followed.*

*Thank you also to Ruth Zinter for the lovely Christmas Party she hosted. Ruth spends hours baking and decorating. Her party is a yearly tradition given especially for the members of UitO. Thank you Ruth for opening your home to us!*



Pictures courtesy of Pat Coughlin Mawson

# January Birthdays

- 1st ■ Flora Todt
- 13<sup>th</sup> ■ Ruth McNeece
- 16<sup>th</sup> ■ Bob Eash
- 16<sup>th</sup> ■ Teia Stitzel
- 22<sup>nd</sup> ■ Barbara Wilson
- 23<sup>rd</sup> ■ Rev. Donna Little
- 23<sup>rd</sup> ■ Michele Menia
- 25<sup>th</sup> ■ Laraine Gau
- 31<sup>st</sup> ■ Jan Wyman

*(Your Birthday) is the first blank page in a 365 page book. Write a good one.*

*Brad Paisley*



## January Birth Flower **CARNATION**

The Carnation symbolizes deep love, a friend in need, distinction, beauty, and fascination. If your birth flower is Carnation: You are a sensitive person. You are very protective towards your family and friends. You are very ambitious and aim to achieve big things in life. You are a very helpful friend.

## Coming Up this month during Sunday Service:



**January 7th : George Lindamood, “*The 14th Day of Christmas.*”** The Twelve Days of Christmas are over. We’ve gone from consuming (food and gifts) to doing (parties and community activities), and maybe we’re now ready for just being. In reflecting upon these choices, we may ask “what is our Ultimate Concern?” That, according to theologian Paul Tillich, is our faith, and Faith is the Unity theme for January, so we’ll learn more about that from the writings of Tillich, as well as Charles Fillmore, James Fowler, H. Richard Niebuhr, Wilfred Cantwell Smith, and others.

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**January 14th: Rev. Donna Little, “*Spiritual Community.*”** As we begin this new year, let us consider why we are together as a Community and how we want to progress on our Spiritual Path. What do we gain from our Community and how do we participate in its growth and governance. Join us for these insights and consider attending our Unity Basics Class on Sunday afternoon; learn more about Unity and Unity in the Olympics. This class is required for new membership in UitO; and, it is a good class for those seeking a better understanding of Unity, whether you are new to the Church or a member of long standing.



**Followed by: *Unity Basics*, 12:30-4:00 p.m., with Rev. Donna.**  
(See page 2 for details.)

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**January 21st: Rev Donna Little, “*Who Do We Say We Are?*”** Sometimes one speaks so loudly with their actions, that we cannot hear what they are saying. So, what do we do and what do we say that defines how others see us? Join us as we consider the practices and principles that demonstrate Who are we, as Unity in the Olympics.

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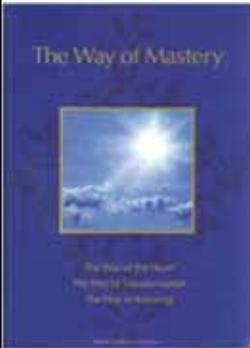
**January 28th: M.E. Bartholomew, “*Perhaps Love.*”** : In her talk, entitled 'Perhaps Love', M.E. is sharing the unique intersection in her life of Music and her Spiritual Journey. It has become her practice when singing at CSL in Sequim to share her motivation and inner thoughts about the songs she sings and the message they have for her. Her talk will perhaps bring a new perspective to listening and enjoying music and finding a meaning that speaks directly to the listener.



## SUNDAY CELEBRATION

Meditation 10:00 - 10:15 a.m.  
Worship 10:30 a.m.

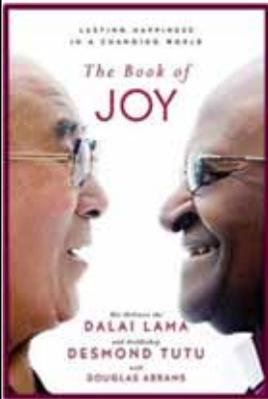
## Reminder Coming up at UitO:



**The Way of Mastery** begins on **January 11<sup>th</sup>, 1:00 – 3:00 pm** on Thursday afternoons. This Class continues until the book is fully read, usually about a year. **Charles and Pat Mawson** will co-facilitate this class.

This is excellent material, teaching Universal Principle in a Heart-Centered approach.

Books will be available in class at a price reduced from retail.  
Charles Mawson [c\\_mawson@yahoo.com](mailto:c_mawson@yahoo.com) 972-632-8877



## The UitO Study Group begins on Wednesday, January 24, 2018, at 6:30 pm.

You can purchase your book online at Amazon thru the link listed below [The Book of JOY](#) And, you support Unity in the Olympics every time you make a purchase thru Amazon Smile.

In addition to the UitO Class, **Annette Lindamood** and **Margaret Denstad** will be co-facilitating an afternoon class in **Sequim**, at the **Sequim Library from 2:00-3:30 PM**. This class will **begin on Tuesday, Jan 23**, but the rest of the classes will meet on **Mondays, starting with Jan 29** and continuing for as long as the class goes.

## Other Events Being Held at Unity in the Olympics



**Friday, January 12th, from 7:30 to 8:30 pm.**  
**Meditations based on the words of Jeshua (Jesus) as found in the Personal Christ books (seven volumes now), shared through Judith Coates.**

**Rev. Eva McGinnis, Facilitator. Sometimes Jeshua/Jesus will facilitate the evening meditation in person.**

**Love offering accepted.**

**Sponsored by Oakbridge University**

## Coming up in our Spiritual Community:

### Listening Circles

**Date: Tuesday, January 9<sup>th</sup>**

**Time: 6:00 pm**

**Where: Holy Trinity Lutheran Church,  
301 East Lopez, Port Angeles**

**Topic: "Who or what has guided you during a turning point in your life? How can that help you in how you work or serve today?"**



**"Sponsored by the Interfaith Community of Clallam County"**



**“Do Not Move on to 2018  
Without letting go  
of something significant from 2017,  
an old idea, habit, fear, concern of ego.  
Let go to free up the whitespace for something new to enter.”**

**Reverend Donna Little, UitO Minister**

### Silent Unity January 2018 Affirmations

#### **Inner Peace**

Peace fills me as I center myself in divine love.

#### **Guidance**

I walk in faith, guided by my inner light.

#### **Healing**

The healing power of God flows through my body. I am whole.

#### **Prosperity**

I am open and receptive to infinite abundance.

#### **World Peace**

I hold a vision of peace for the entire world.



#### **LICENSED & ORDAINED UNITY MINISTER**

Rev. Donna Little

#### **LICENSED UNITY TEACHER**

Margaret Denstad

#### **BOARD OF TRUSTEES**

Teia Stitzel, President  
Duane Morris, Vice President  
Kim Perkins, Treasurer  
Charles Mawson, Secretary  
Flora Todt, Trustee  
Erik Simpson, Trustee

### DAILY WORD Tuesday, January 2, 2018

*“Divine purpose inspires me to have confidence and courage.”*

“Setting a divinely inspired intention, I find inner courage and the confidence to pursue it. Having a purpose-driven life enriches my thinking and my actions. I build toward a future goal that is taking shape one day at a time.”

*“For we intend to do what is right not only in the Lord’s sight but also in the sight of others.”*  
-2 Corinthians 8:21

**Peace,**

**Robbin**

## MISSION STATEMENT

Unity in the Olympics provides an accepting place in which to experience the Peace, Love, and Oneness of the Christ within so that we may more fully express these gifts in the world.

## UNITY IN THE OLYMPICS

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Office Hours: Mon., 10 a.m. to 12:45 p.m.  
Wed., 10 a.m. to 3:00 p.m.**