



In Unison

The monthly newsletter of Unity in the Olympics

March 2015

The Dynamic Laws of Prosperity

March: The Vacuum Law of Prosperity



“You have heard that Nature abhors a vacuum.” Catherine Ponder

The vacuum law of prosperity tells us that if you want greater good, greater prosperity in your life, start forming a vacuum to receive it. In other words, get rid of what you do not want to make room for what you do want. If you have studied many prosperity books, attended many prosperity classes and workshops, and quoted the prosperity affirmations till you are blue in the face, but still are not manifesting the prosperity you want, this is probably the problem.

Here is where one of the twelve powers really comes into play. It is the power of release. Most of us practice this power with releasing negative thoughts, but it is also effective to do the physical action to make room for your good. Clean out those closets, empty those drawers, get rid of the storage unit. Practice the law of giving and receiving. Create an intentional vacuum. As those closets, drawers and storage place empty out, start clearly visualizing them filled with the new good that you want.

Decluttering experts talk about never bringing home something new without taking out something you no longer need. What if, in anticipation of something new, we simply took out those things before receiving the new? Not that we must then go out and immediately replace those items, but perhaps simply allow for the good to come to us.

Having made way in the material realm, take a look at creating a vacuum in the health, financial, mental, and spiritual realms also. Start with your health. When you use statements like my cold, my arthritis, or my headache, you are claiming these conditions in your life. Be conscious of what you are asking for. If you ask for a healing, know that healing is a verb and that makes getting well a process. Be brave—ask for perfect health expressing in your body right now.

There is a song in Unity that says if you want more money, you have to give it away. I am not telling you to spend carelessly, but do not hoard money and things to the point that prosperity has no room to come into your life.

Your thoughts are what manifest your outer life. If you want clearer insight into what you are thinking, look around you. What do you see? Create a vacuum in your thinking and wait for God to give you the perfect ideas of how to create the perfect world around you.

The law of vacuum is very true in the spiritual life. Our fifth basic principle tells us that we must put into practice what we know to be true. When we do not, spiritual growth stops. No matter how many books you have read or classes you have attended, if you are not practicing what you learned and then creating a vacuum in your spiritual life, you will stagnate and stop spiritually maturing.

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Thank you!

Alice and Steve & Lisa for flowers

Lisa for the Valentine fundraiser at Teia's salon at Parkview Villas

Jan for operating the sound board

Ellen, John, and Pat for being our guest speakers

Teia for prayer time and much, much more!



This church works because of ALL of you!

ALICE and CARL celebrated their 29th wedding anniversary on Valentine's Day. They were married here at Unity in the Olympics by the late Rev. Richard Levy.



MARCH BIRTHDAYS

7th Pat Mawson
 16th Jodi Hall
 20th Bob Medsker
 21st Robbin Eaves
 31st Ray Gruver

HAPPY BIRTHDAY!

MISSION STATEMENT

Unity in the Olympics provides an accepting place in which to experience the Peace, Love, and Oneness of the Christ within so that we may more fully express these gifts in the world.

UNITY IN THE OLYMPICS

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 Port Angeles, WA 98362

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www.unityintheolympics.org

Office hours 10 a.m. to 3 p.m. Tuesdays & Wednesdays

BOARD OF TRUSTEES

Teia Stitzel, President
 Barbara Miller, Secretary
 Steve Schach, Member
 Charles Mawson, Member



SUNDAY CELEBRATION

Meditation 10:00 - 10:15 a.m.
 Worship 10:30 a.m.
 Fellowship time following service



LICENSED UNITY TEACHER

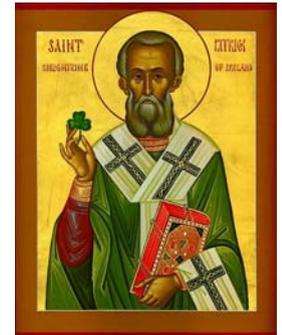
Margaret Denstad

Our Church Finances

January Income		January Expenses	
Tithes/Offerings	\$3,206.75	Guest Speakers	\$700.00
Memorial Income	400.00	Advertising & Promotion	62.04
Book/Literature Sales	19.50	Copy Machine	171.71
Fundraising	3.00	Insurance	184.24
Miscellaneous	50.00	Gift	13.37
Rent	120.00	Lawn Care	30.00
		Office Supplies	10.74
		Postage	23.80
		Outside Services	25.00
TOTAL INCOME	\$3,799.25	Payroll	1,007.35
		Telephone	82.29
Tithes		Janitorial	100.00
<i>December tithes, which would normally have been paid in January, were paid in February, along with the January tithes. See "Notes from the Board" on Page 6 for distribution.</i>		Utilities	265.48
		Music	75.00
		Computer & Internet	37.95
		TOTAL EXPENSES	\$2,788.97

Like any family, we are always in need of certain staples:

- ♥ Copy paper
- ♥ Cough drops
- ♥ Toilet paper
- ♥ Paper towels
- ♥ Paper napkins
- ♥ Tissues (small)
- ♥ Postage stamps



NOTICE OF ANNUAL MEMBERSHIP MEETING

Sunday, March 29th

Immediately following worship service

- Election of four Board Members ·
- Presentation of budget ·
- Opportunity for input & questions ·

Continued from Page 1

Catherine Ponder tells us, "When you cling to the old, you hinder your advance or stop it altogether." So go forth this month releasing that which does not serve you to make room for the highest and best.

What the Bible says:

" . . . give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back." Luke 6:38

"I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Matt 16:19

What Unity says:

"Take some time to go through your attic and closets and drawers to find all the seldom used or never used possessions that can bless someone richly, and derive a great thrill and spiritual fulfillment by giving. There is never a time when you can't find some way to start the giving flow, which will in return open the way to the receiving of your good." Eric Butterworth, *Spiritual Economics*

"I believe that sometimes you have to be willing to give up the good to receive the greater good." Edwene Gaines, *The Four Spiritual Laws of Prosperity*

"I do not hold on to that which holds me back. I release and am free to progress and prosper." David Williamson, *The Twelve Powers of the Self*

"You will never lose anything through release but simply open the way for the good of all to manifest." Catherine Ponder, *The Healing Secret of the Ages*

Ideas for practice:

- Spring is a great time to start looking in closets, drawers, and attic. Think of how these possessions have served you in the past. Take a moment to appreciate, then truly let them go. Box them up, bless them for the next person, and take them out of your house. Now take time to appreciate the freedom of letting go, of finding spaciousness in your life. Write about how you felt in packing up your possessions, then write about how you felt when you came home to the space left by them. How are the feelings different? How do they relate to your sense of prosperity?
- In a quiet time envision what you truly want and what would serve you now. Be clear what you want and why you want it. Take out your journal after your meditation and list what you saw. As they start to appear in your life, make note of how this happens. Did they come to you with or without effort on your part? If you experienced both, what are the different feelings you had in both cases? What made it joyful or satisfying?
- Consider the idea of ownership. Does prosperity require that we own whatever we desire/need? We are often socialized to believe that the only way to feel prosperous is to own it. What if the idea of prosperity is really about flow? That would require . . .
- receiving and releasing. For example, for those of us who collect books, do we really get more joy out of owning them than we do from borrowing from the library? Are there things you can enjoy for free without owning? What kinds of things are already showing up for you that do not necessarily come into your life through ownership? How does flow and releasing affect your definition of prosperity? Practice enjoying something that is freely available to you this month and write about it.

With your triad, talk about your experience with these exercises. Support each other as you sit together in the vacuum waiting. Share with each other how you will feel when the new arrives. Take that feeling on right now and know that it is on its way.



The Triple Spiral Journey - A Celtic Path to Courage, Creativity & Community

Sunday, March 8th • 1 p.m. • Investment \$33



Kathleen is an EMMY Award-winning television writer/producer, author, publicist, inspirational speaker, spiritual counselor and mentor, and guide for sacred site tours of Ireland.

Dear Unity Friends.

Last month I talked about the importance of supporting Association of Unity Churches with our tithes. This month I would like to share why we tithe to the Northwest Region of Unity Churches.

The Northwest Association gives us an annual regional conference. Because we in the Northwest are so far from Unity Village and their activities, having a conference closer helps us keep connected with new ideas.

The Association has a paid Youth of Unity Consultant who presents rallies, workshops/conferences, and training within our region for all who are working with the youth of Unity.

They provide a wonderful summer camp at North Bend. As a grandmother, my grandchildren have attended several times and they found it to be an enlightening time as well as tons of fun. Allie has gone two or three times. Our church provides scholarships for some of the costs.

The region has a representative that will help us with questions or problems we might have. They will come and talk to our church and/or Board if the need arises.

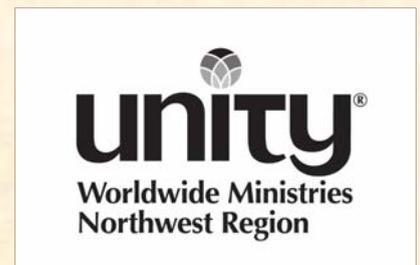
They have a licensed teacher representative for any of you who would like to become licensed teachers. It is much easier for representation to be closer than Unity Village.

Another service they provide us is regional leadership training. There have been many opportunities for us to attend training workshops in the Seattle or Olympia area. This helps our church to grow as our leaders grow.

As with any of our tithes, we help support our church through giving to organizations that help support us. Next month we will talk about giving locally to support our community through our tithes.

Blessings to you,

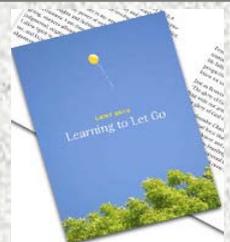
Alice



**Child care is available
during our Sunday
worship service.**



LENT 2015
**“Learning to
Let Go”**



Available in our lobby - love offering



BARBARA MILLER

We are grateful to Barbara for all that she contributes to our spiritual home.

ANGEL OF THE MONTH

Barbara dedicates her time in volunteer service to our church community, sharing her energy and many talents.

- ♥ Faithfully collects cans in her neighborhood for our scholarship fund
- ♥ Launders our table linens and kitchen towels
- ♥ Clips articles of interest from the newspaper and posts them on the bulletin board for all to enjoy
- ♥ Always quick to share, including her cooking
- ♥ Sets up for fellowship time and potlucks, then puts it all away, restoring order to the kitchen
- ♥ Always brings home baked goodies
- ♥ Has served faithfully on the Board of Trustees for six years, keeping detailed minutes as the Secretary
- ♥ Is at the end of her term and will be missed terribly!
- ♥ Quietly does much more, which is what makes her an angel

Notes from the Board

The Board met on February 15th with Teia Stitzel, Barbara Miller, Steve Schach, Charles Mawson, Alice Alexander, and Linda Reidel present. Judith Coates, Don Knight, and Duane Morris also attended.

New Business: Diane Duncan has submitted her oral resignation. Alice, who oversees our accounting, will temporarily handle the duties of Treasurer.

Finances: Alice reported that all bills are paid. \$600 will be transferred to savings for our bathroom remodel. Our tithe, totaling \$970 for the months of December and January, will be distributed as follows: Silent Unity \$260, Northwest Region \$100, MANNA \$100, Worldwide Unity \$210, TAFY \$100, Salvation Army \$100, and Dream Center \$100.

Administration: The Annual Membership Meeting was set for Sunday, March 29th. Lisa Schlaffman has been interviewing prospective Board members.

Fundraising: Lisa made \$138 selling homemade Valentine candies and baked goods, primarily at Teia's salon at Parkview Villas.

The next Board meeting will be on Sunday, March 15th, at 12:30 p.m.





John and Jane with friend from Port Townsend



Casi, Trista, Teia

VALENTINE'S POTLUCK
Sunday, February 8th
John Wingfield returned to be our guest speaker.



Alice and Lisa



Steve, Marguerite, Margaret, Ellen, Teia, Linda




A special thank you to Ruth for baking a beautiful heart-shaped chocolate cake for our Valentine's fundraiser, which was organized by Lisa. Ruth also made her famous "Almond Roca." Word is that now Lisa is trying to get Ruth's recipe . . .

TAFY
We will be feeding the young people at TAFY on
Saturday, March 21st
Please bring food to church by 3:45 p.m.
Cash donations for the purchase of food is also great-ly ap-

